SASKATOON SEXUAL ASSAULT & INFORMATION CENTRE

Working with Survivors of Past and Present Sexual Abuse

2014-2015 ANNUAL REPORT

June 16, 2015

Saskatoon, SK

Mission

The Saskatoon Sexual Assault & Information Centre exists to contend with sexual violence and its effects upon individuals and the community.
We aspire to a society where all may achieve their full potential free from sexual violence in any form.

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1. Agenda for the Annual General Meeting – June 16, 2015
2. Minutes from the Annual General Meeting – June 18, 2014
3. 40 years: Retrospective
4. Board of Directors' Report
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6. Financial Statements

AGENDA FOR THE ANNUAL GENERAL MEETING

Date: Tuesday June 16, 2015
Time: 5:00 PM
Place: Mamawopiwin Room - 2nd Floor – SCSV

1. Call to Order
2. Welcome and Introduction of Guests
3. Declaration of Quorum
4. Adoption of Agenda
5. Acceptance of 2014 Annual General Meeting Minutes
6. Co-Chairs Report
7. Executive Director's Report
8. Financial Statements
9. Appointment of Auditor for 2015 / 2016 Fiscal Year
10. New Business

    SSAIC 40th Anniversary Acknowledgment

    Resolution: Amendment to Section 6 of the By-laws
11. Nomination and Election of Board Members for 2015-2016
12. Adjournment

GUEST SPEAKER

ROD McKENDRICK
Interpersonal Violence Specialist
Victim Services / Community Justice Division
Saskatchewan Ministry of Justice

MINUTES FROM THE ANNUAL GENERAL MEETING
JUNE 18, 2014

Mamawopiwin Room - SCSV

PRESENT:
Board Members: Maura Gillis-Cipywnyk (presiding co-chair), Wendy Featherstone (co-chair), Anne McKenna, Denise McCafferty, Rhonda Ellingboe

Staff: Elizabeth Freire (Executive Director), Heather Pocock (Assistant Director), Dolores Cennon, Irene Hildebrandt, Megan Sawyer, Erin Redekop, Erin Beckwell, Debbie Gsell-Danilkewich (Staff Support)

SSAIC Volunteers: Nya Uddi

Guests: Robin Cennon, Terry Sukut, Cece Baptiste (United Way Board of Directors), Ellen Sagh, Christina Benson, Dawn Sinclair (guest speaker), TishaRae Stonehouse.

1 Call to Order
M.Gillis-Cipywnyk called the meeting to order at 5:05 pm.

2 Declaration of Quorum
Quorum declared by the Chair.

3 Adoption of Agenda
Motion to accept the Agenda

Beckwell	2nd	McKenna	Carried

4 Acceptance of 2013 AGM Minutes
Motion to accept Minutes of the 2012 AGM

Pocock	2nd	Redekop	Carried

5 Co-Chairs' Report
Board Co-Chair, Maura Gillis-Cipywnyk, encouraged all present to read the written report. She acknowledged the continuing growth of the Centre, and thanked all Board members, staff, volunteers and funders for their support.
Motion to accept the Co-Chairs' Report

Featherstone	2nd	Cennon (D)	Carried

6. Executive Director's Report

Elizabeth Freire started her report by mentioning that she attended her first SSAIC Annual General Meeting in June of 2002. It was a difficult time of world crises, and struggles within the agency. A very strong and pro-active Board led to a renewed sense of purpose and direction with the hiring of new staff in 2006. She expressed gratitude to the past and present Boards, funders, donors, crisis-line volunteers, and staff.

Elizabeth mentioned two initiatives that were highlights of the past year. "I'm the Boss of Me" puppet show. It was very successful again, exceeding 94 presentations. She expressed her hope where this show will be seen province-wide.

Secondly, Elizabeth referred to the Resolution Health Support Program. The Centre was approached by Health Canada to be part of this program, which will enable us to reach out to the families of survivors who experienced sexual abuse through the residential schools.

The Centre is well established as a place of counseling and healing, and also pointed out that statistically the large majority of survivors are female.

After 13 years as Executive Director of the SSAIC, she will be retiring in December and took this opportunity to dedicate her years of service as a Social Worker to her two children, Thomas and Christina, as well as all the survivors of sexual abuse who have been served by the Centre.

Executive Director's Report accepted as presented.

Maura thanked Elizabeth for her many years of service and leadership. She was instrumental in bringing the Centre from a threatened position to that of a healthy, growing, and well-respected organization.

Congratulations were also extended by Maura to Heather Pocock, who recently won the Health and Wellness category of the Women of Distinction Award.

7. Financial Statement – Auditor's Report

In the absence of the Auditor, Elizabeth presented this Report. The Statement of Financial Position shows $650,154 including $65,000 in deferred revenue which is designated for the following year. According to the Statement of Operations there is an excess of $30,116 as a result of very successful fundraising increases. Total Cash & Term Deposits at year end amount to $625,184. We have a Reserve Fund of $535,468; this includes an increase in Puppet Show funding from $8,500 to $14,500.

The Auditor's Report confirms that the Centre is in a very stable position.

Motion to accept the Auditor's Report

McKenna 2nd McCafferty Carried

8 Appointment of Auditor for 2014-2015 Fiscal Year

Motion to retain Lizee Gauthier as external auditor

Pocock 2nd Cennon (D) Carried

9 Nomination and Election of Board Members

Wendy Featherstone introduced the present Board Members and also thanked those who have recently left the Board.

Motion to accept TishaRae Stonehouse to the Board of Directors

Featherstone 2nd Cennon (D) Carried

10 Adjournment

Motion to adjourn the meeting at 5:45 pm

McCafferty 2nd Beckwell Carried

SSAIC is 40 YEARS OLD!

2015 marks the 40th anniversary of the Saskatoon Sexual Assault and Information Centre (SSAIC). We've gone back through some archival documents in hope of providing an overview of the growth of this agency since its inception. The following is a result of that search.

1975 was declared the "**Decade for Women"** by the United Nations. This was an era when women's centres and rape crisis lines were opening in many cities across Canada. Short term federal funding was made available for many new women's programs and services, as the women's movement was becoming well-defined; women were raising awareness, challenging myths and stereotypes regarding rape, violence against women, and victim blaming.

In December of **1975, the Saskatoon Rape Crisis Line opened its doors** with this six-month grant, and hired a paid coordinator, who worked alongside a few volunteers. This six month grant provided the impetus to open a crisis line and begin providing public education. They established credibility with police, hospitals, crown prosecutor's offices, and many other groups throughout the City of Saskatoon. After a few months of being on-call 24/7, the volunteers recruited others to **form a Board of Directors**, and the Rape Crisis Line was incorporated in 1976. The first Board secured funding from the Department of Social Services in 1977, as well as a municipal grant. This funding allowed for the hiring of one full time staff person and later a part time person.

Below is a snapshot of our history:

<u>1978-1979</u>:

- Received provincial and municipal funding
- Introduced a proposal for law reform of sexual assault

<u>1979-1980</u>:

- # of sexual assaults addressed by the centre in 1979 - **27**; 1980 - **71**
- **Government funding: $18,483**. Office space (reports say 5th Ave N, and 2nd Ave. S. Perhaps this meant 2 moves.)
- **Changed the name from Rape Crisis Centre to Saskatoon Sexual Assault & Information Centre (SSAIC),** to better reflect our work. The new name recognized the reality of sexual assault (rape was considered to only affect women). SSAIC acknowledged evidence of male sexual abuse and wanted to be inclusive in service delivery.

1981-1982

- **Contract with RCMP to train new recruits** on Sexual Assault (continued for years)
- **Invited to Ottawa to present a brief on Bill C-53 to the Standing committee on Justice and Legal Affairs. Change in Criminal Code from "Rape Law" to "Sexual Assault Law**".
- SSAIC Educational kit for elementary school (gr. K-5) was highly commended by the Canadian Advisory Council on the Status of Women. Kit was utilized by other Sexual Assault Centres in the Prairie Region as a model on which to base their programs.
- Gained National Recognition: Centre was chosen by the Department of Justice from 40 Canadian Sexual Assault Centres "because of its outstanding work in the field" to provide a panelist for the Citizens of Crimes workshops at the People's Law conference held in Ottawa May 24-27 (1982).

1983/1984

- Involved in an Outreach Project to start 7 new Sexual Assault Centres in the province.
- Victim Service caseload increased by 40% over 1983/84. A large number of these cases reflect an increase of child sexual abuse reports.

1985/1986

- **Soroptimists** recognized as one of our funders
- 1985 – change of address to 2nd Avenue N (beside BMO)
- 9 board members, 65 volunteers, 2 staff; Victim caseload **434** (211) are child cases

By 1987 there were two full time employees, and the agency functioned with the commitment of approximately 50 volunteers. **During the late 1980's funding was provided by the Saskatchewan Department of Social Services, the United Way, Saskatchewan Law Foundation, City of Saskatoon and donations from groups and individuals in the community. Many of these funders continue to fund us today.**

1990/1991 (**15 years of service**)

- The agency became financially successful. Less time was spent raising funds for the agency, allowing more time for victim service, education and program planning.
- SSAIC provided a group for women who were sexually abused as children.

1992/1993

- Department of Justice created the **Victim Services Program**; new Police based Victim Service Program
- SSAIC ran a support group for males

1993/1994

- Moved to 4th Avenue N (now the Edwards Family Centre)
- **Purchased a computer**, printer and fax machine…this new technology has greatly enhanced the efficiency of the office.
- 6 staff members, 10 board of directors, 45-50 volunteers and 2 practicum students

1998/1999

- Implementation of staff pension plan for 3 full-time and 2 part-time staff
- Development and final touches made on the policy manual

1999 / 2000

- Worked with many Saskatoon women's organizations to create a "**Women's Resource Centre**". The plan was to co-locate, share resources, and offer a "one-stop shopping service" for women needing support in Saskatoon. The WRC was not successful, however, the work led to the revised creation of the **Saskatoon Community Service Village**; **SSAIC was a founding partner** in the leadership that created "the Village" (along with Family Service Saskatoon, Catholic Family Services, YWCA Saskatoon, United Way Saskatoon and Saskatoon Crisis Intervention Service).

2001/02

- February 2001 – moved to the Saskatoon Community Service Village
- The **first SSAIC Website** was being developed
- "Child Sexual Abuse: A guide for Teachers" distributed to 5 school divisions

2002/03

- Funding from Aboriginal Healing Foundation (approximate time frame)
- "Moving Forward: Individual and Group Support for Survivors of Sexual Abuse program was launched
- Script and stage production of "I'm the Boss of Me" puppet workshop

2003/04

- Implementation of SSAIC website
- "**I'm the Boss of Me" was piloted**; approximately 20 grants were written but funding was not secured. Program was "rested".
- **Luncheon en Vogue** fashion show event is created

2004/05

- Turning the corner of **30 years**
- The "Healing is Possible" women's support Group partnership with Tamara's House

2005/06

- **Restructuring of the Centre's administration and operations**
- SSAIC continues its leadership role towards public education and awareness
    - Quote, Grade 8 teacher: "*Your visit to my grade 8 classroom was one of the most helpful guest visits we have had this year. The information you provided on ways to both combat and prevent sexual assault was extremely informative. The class was quite enthusiastic, and many of them shared the information and the phone numbers with their parents. Some boys identified that more information needs to pertain to them and that they sometimes face the same kinds of problems as girls. There were several boys who said they knew that there were assaults occasionally during hockey, soccer and baseball practices. The boys said they also felt that they are NOT typically encouraged to talk about these problems, and maybe more information sessions would make it easier for some boys to disclose."*

2006/07

- **"I'm the Boss of Me" takes flight** and was presented to over 1,100 children in 44 grade 4 classrooms in Saskatoon; very positive feedback from teachers and puppeteers

2007/08

- 24 hour crisis line is still the core and well maintained by 58 volunteers
- Fall 2007, **Lee Murray**, Associate Professor, College of Nursing, U of S presents "I'm the Boss of Me" puppet show to 15-22 year old special needs students at high schools in Saskatoon

2009/10

- Steady increase in requests for "I'm the Boss of Me": now 1,836 kids

2010/11

- A considerable change in the way clients initially contact SSAIC for support: **Office calls now outnumber Crisis Line calls** – assume the increase in office calls is a reflection of the work the agency has done in the community
- Accolades from Asst Dean, College of Medicine, U of S – excellent presentation to **International Medical Graduates**. This is now regular training by SSAIC staff.

2011/12

- **Tamara's House closes**; SSAIC recognized increase in service demand. Justice increased funding and 3 new employees hired for Adult Survivors of CSA program
- SSAIC **partnered with the Saskatoon Police Service**/Sex Crimes Unit and the **UofS** to promote the "**Don't Be THAT Guy**" poster campaign

2012/13

- September 2013 celebrated the **10th Anniversary of Luncheon en Vogue™** fashion show event; moved to TCU Place to accommodate almost 400 people
- A significant increase in individual counselling sessions and participation in group programs following a traumatic experience of sexual abuse (77.3% in follow-up counselling)

2013/14

- Office calls continue to outnumber Crisis line calls (becoming common around the province).
- Public education presentations: 217 presentations/4,904 participants
- I'm the Boss of Me puppet program presentations increases by 17.5%

2014/15 - today

- **11 staff, over 90 volunteers in 2 programs**.
- Health Canada **Indian Residential School funding**. Staff hired to provide health and cultural supports to survivors of residential schools.
- **Clients: 525 individual clients, 1,486 counselling/group = 2,011 contacts**
  - typically offer weekly drop-in program for women
  - two closed groups for female adult survivors
  - two closed groups for men
  - occasional teen groups when warranted.
  - extensive family support
- **Crisis Line Volunteers** (45): approximately **20,400 hours** are provided to ensure ongoing operations of the crisis line. **At minimum wage, their service would cost over $214,000 annually!**
- Education and outreach: over 4,200 people reached through 214 presentations: ½ of these are children (45 volunteers-puppetry)
- Ongoing work through the community to challenge assumptions and debunk myths around sexual violence. Extensive support of the media.

We wish to thank **Terry Sukut** for not only gleaning the above information from our archives, but for her ongoing work with securing funding for our programs, as well as for her many years of service to SSAIC (Board and Fundraising). **Laura Dutka** and staff at **Paramount DaySpa & Salon**, and **Sueli de Freitas** have actively supported **Luncheon en Vogue™** since 2003/2004. It has been 29 years since **Soroptimists International of Saskatoon** came on side to endorse and support our programs: WOW! There are too many others to mention; SSAIC is strong because of widespread community support.

And lastly, we want to extend a special thank you to **Sheila Adams** who was on the original Board of Directors (and we believe she was one of the original coordinators**). Sheila and her husband Vic Adams / Adams Lumber, have supported this agency since the very beginning: 40 years of service.**

2014-2015 BOARD OF DIRECTORS REPORT

Saskatoon Sexual Assault and Information Centre (SSAIC)
Co-Chairs' Report – 2014-15

This past year has been a year of growth and change at the Centre:

Growth in the form of the acquisition of a new Program: The Indian Residential School Survivors Resolution Health Support Program funded by the Health Canada resulted in the addition of new staff and space renovations.

Change with the Retirement of our Executive Director, Elizabeth Frieire, after 13 years of service. During her tenure she transformed the Centre from a struggling nonprofit to a successful and well operated organization delivering a quality service that is respected in Saskatoon and the province. This is her legacy to our new Executive Director, Faye Davis, who joins us with an excellent background in administration in the nonprofit sector. Thank you, Elizabeth, and welcome Faye.

2015 is also a milestone year given that we will proudly celebrate the 40th anniversary of the Centre in the autumn. Celebration plans are underway.

During the year there has been significant growth in our programs especially in individual Counselling and group sessions, plus an increase in the number of " I'm the Boss of Me" Puppet Shows delivered in the schools. Therefore, the announcement from the Saskatchewan Ministry of Justice and Attorney General that an additional Counselor positon has been approved for the 2015-16 fiscal year was very welcome news.

The Luncheon en Vogue continues to be our major fundraiser. Two years ago it was moved to TCU Place which provides a larger and more flexible venue translating into an improved ambiance for our guests and an increased profit for the Centre. Thank you to everyone who works or contributes to help make it a success.

SSAIC hosted a Cultural Awareness Day in collaboration with First Nations Elders who shared some of their knowledge with attendees at the event.

Contacts from the Media increased significantly this year, primarily the result of prominent media and public personalities being accused of sexual assault related crimes.

David Lisak, a Research and Forensic Consultant from New Mexico, was the keynote speaker at the first major Sexual Assault conference hosted by the Centre on April 23-24, 2015 at TCU Place. Attendance exceeded expectations and planning for future conferences which will be discussed by the Administrative staff.

The Saskatoon Sexual Assault and Information 24 hour Volunteer Crisis Line continues to provide excellent service though the care of trained volunteers. We extend sincere thanks to these volunteers for their commitment and support.

The Board of Directors continues to expand its membership and to develop a plan for succession of the Executive. We would like to acknowledge the Board members for their dedication, time, commitment, and support of SSAIC.

We also express sincere appreciation to Elizabeth, our retired Executive Director, Faye, our new Executive Director, Heather Pocock, Temporary Acting Executive Director, the staff members and the volunteers at SSAIC for their tireless commitment and dedicated service.

Respectfully submitted

Maura Gillis-Cipywnyk
Co- chair

Wendy Featherstone
Co-chair

2014-2015 Board of Directors and Staff

Board of Directors:

Maura Gillis-Cipywnyk	Co-Chair
Wendy Featherstone	Co-Chair
Anne McKenna	Director
Rhonda Ellingboe	Director
Denise McCafferty	Director
TishaRae Stonehouse	Director
Ailsa Watkinson	Director

Staff:

Elizabeth Freire	Executive Director (Retired Dec. 31, 2014)
Heather Pocock	Acting Executive Director (Jan. 1 to Mar. 31, 2015)
Heather Pocock	Assistant Director/Public Education
Lorraine Scott	Client Services Coordinator
Megan Sawyer	Client Services Worker
Erin Redekop	Client Services Worker
Dolores Cennon	Program Assistant
Irene Hildebrandt	Receptionist
Juana Henriquez-Postle	Part-Time Receptionist (on leave)
Debbie Gsell-Danilkewich	Part-time Receptionist
Linda Opoonechaw	Resolution Health Support Worker
Kathie Pruden-Nansel	Resolution Health Support Worker/Prog Assistant

Staff Support Workers (Casual):

Debbie Gsell-Danilkewich
Ivy Armstrong
Jody Hanson
Jolene Browne
Sandra Willner
Tennille Boutilier

Special Project Coordinators:

Terry Sukut	Events Coordinator/Fund Development

Bookkeeping:

Leora Ferron

5. EXECUTIVE DIRECTOR'S REPORT

I would like to first acknowledge that although I am submitting this report I can take absolutely no credit for the work contained in it. During this reporting period, Elizabeth Freire was the Executive Director until her retirement, after 13 years of service to SSAIC, on December 31, 2014. Heather Pocock, Assistant Director/Public Education Coordinator became the Acting Director from January 1 to March 31, 2015 and despite having two full time jobs within our agency held things together admirably. This is really their report.

While the Executive Director has the privilege of reporting on our work, this report reflects the hard work of a very strong team of talented and dedicated staff and volunteers who are committed to the provision of services to sexual assault survivors in our community. The work they do is challenging, as bearing witness to the trauma and pain of others can take its toll, but they do it with professionalism, grace, and compassion. I admire them all greatly.

SSAIC focuses its work on the provision of both intervention and preventative sexual assault services. We provide a 24-hour crisis line, crisis and trauma support to survivors of recent sexual assault; individual and group therapy to both recent survivors and adult survivors of childhood sexual abuse, as well as information counselling and support to relatives and friends who support the survivor. We educate and train our volunteers who then in turn staff the 24 hour crisis line year round, and/or act as puppeteers and facilitators during our "I'm the Boss of Me" Child Sexual Abuse Prevention Training. We provide public and professional education and violence prevention and awareness workshops to teachers, nurses, doctors, students, social workers, police officers, community workers and the general public.

New this year to SSAIC is the Indian Residential Schools Resolution Health Support Program. The Independent Assessment Process (IAP) is an out of court, alternative dispute resolution process designed to compensate students who suffered sexual or serious physical abuse or another wrongful act at an Indian Residential School (IRS). We have been contracted by Health Canada to provide former students going through the Independent Assessment Process (IAP) with a Resolution Health Support Worker and Elders who provide emotional and cultural support to former students as they go through an emotionally difficult hearing process.

The IAP is part of the Indian Residential Schools Settlement Agreement which was implemented in September 2007. The Government of Canada signed this agreement with former IRS students and their lawyers, as well as with legal counsel for the Assembly of First Nations and the churches which administered the schools. Former students attend a hearing chaired by an adjudicator whose job it is to listen to the students experience, ask any questions about material provided on the students application form and then, based on information presented, decide if there should be an award and how much it should be.

The IAP program strives to provide former students with an opportunity to speak of their experience at residential schools in an atmosphere of safety and respect. The hearings are not held in court rooms but in meeting rooms with parties seated around a table. Lawyers for the student and the government are present but they are not allowed to ask the student questions directly. The Church involved may send a representative, with the permission of the student, with their expressed role being to sit and bear witness to the experience of the student. The student can also bring two support people with them to the hearing. The goal is to give the student some control over the hearing as they may ask for as many breaks as they need, they may ask anyone except the adjudicator and the lawyers to leave the room at any point in the hearing process.

We have been contracted by the Health Canada to provide the **Indian Residential Schools Resolution Health Support Program.** Under this program we provide Residential Health Support Workers and Elders to support student survivors who are going through the hearing process with information and emotional and cultural support. The Residential Health Support Workers provide counseling, support, information and referrals. Students may ask the Residential Health Support Worker (RHSW) to support them inside the hearing itself and/ or provide support and information before the hearing, during breaks or after the hearing has concluded. RHSW's also provide referrals to our counselling services or other community, professional and cultural support services in the community. Elders are present to provide cultural support if it is requested by the student survivors. Students may request the Elder to attend inside the hearing, to offer an opening or closing prayer, perform a ceremony, both inside and outside the hearing space. SSAIC is one of four agencies in Saskatoon contracted to provide IAP support services. We were approached by Health Canada and asked if we could offer this service because of our experience and expertise in assisting survivors of sexual assault.

It is our hope that our participation in this program will be an important step in our continuing efforts to work with First Nations Organizations and First Nations people in the provision of appropriate and culturally sensitive sexual assault services.

The information presented below is taken from SSAIC database, which follows a strict code of confidentiality. Information is provided by survivors who contact the 24-Hour Crisis Line and the office. As usually happens in crisis management, clients seldom provide extensive demographic information due to the fact that the issues at stake are the focus of their contacts. Our priority, necessarily, is to ensure that the clients have their needs met.

5.1 THE INDIAN RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM

The Indian Residential Schools program provided emotional and cultural support services to:

- 53 former residential school survivors. They received emotional and cultural support. 5 of their family members who were at the hearing to support the survivor, also received support from us for a total of 58 individuals
- Of the 58 individuals served 27 were males and 31 were females
- The average age of clients served was 30-49 years of age
- 100% of the clients served were First Nations (the program includes Metis/Inuit)
- RHSWs and Elders attended 39 IAP Hearings
- The most common type of abuse reported during the hearings was sexual abuse, however students reported multiple types of abuse as well as multiple offenses by both students and staff while at residential schools.

5.2 GENERAL AGENCY CLIENT SERVICES

This report closely analyzes the overall number of new clients/victims attended by SSAIC versus the total number of clients/victims contacts (Crisis Line and Office), and some of the details related to all of the ways clients utilize our services.

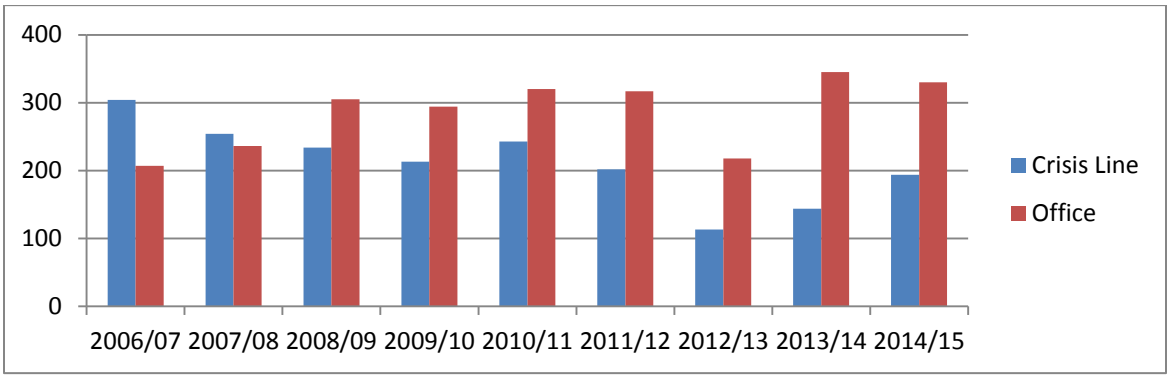
Between April 1st, 2014 and March 31st, 2015 the Centre served:

- **525** new clients and provided **1,486** additional counselling and support follow-up sessions/contacts through individual or group services, totaling **2,011** contacts with primary and secondary survivors of sexual violence. This year, the Centre experienced an **11.5% growth** in the number of follow-up contacts with clients due to survivors' group participation and follow-up appointments with counsellors.

In the past, many survivors initially called the 24-hour Crisis Line when seeking support. While the Crisis Line calls are still significant (195 calls in 2014-15), in recent years there has been a considerable shift in people initially contacting the office instead of the Crisis Line. We assume this shift in office contact is a reflection of our work in promoting the agency in our community, and recognition of staff as professional and capable of supporting survivors of sexual abuse.

Of the **525** clients (primary and secondary), 330 initially called the office, and 195 initially called the crisis line for support.

INITIAL CONTACT: 2014-2015 CRISIS LINE AND OFFICE CALLS



Year	Crisis line	Office	Total
2006/2007	304	207	511
2007/2008	254	236	490
2008/2009	234	305	539
2009/2010	213	294	507
2010/2011	243	320	563
2011/2012	202	317	519
2012/2013	113	318	431
2013/2014	144	345	489
2014/2015	195	330	525

SSAIC received 383 referrals from and made 165 referrals to the following agencies/services this year (2014-2015):

Referrals To SSAIC:		
Self-referrals:	173	45.3%
Hospitals:	28	7.3%
Physician/Psychiatrist:	16	4.2%
Family members:	35	9.1%
Friends:	23	6.0%
Social Services:	2	.5%
Schools:	14	3.7%
Police:	7	1.8%
Mental Health:	11	2.9%
Victims Services:	8	2.0%
Shelter/Housing:	14	3.7%
University:	6	1.6%
SSAIC Workshops/poster:	4	1.0%
Website:	9	2.3%
Addiction Services:	6	1.6%
Crisis Intervention:	2	.5%
OTHER/unknown:	25	6.5%
TOTAL:	**383**	**100.0%**

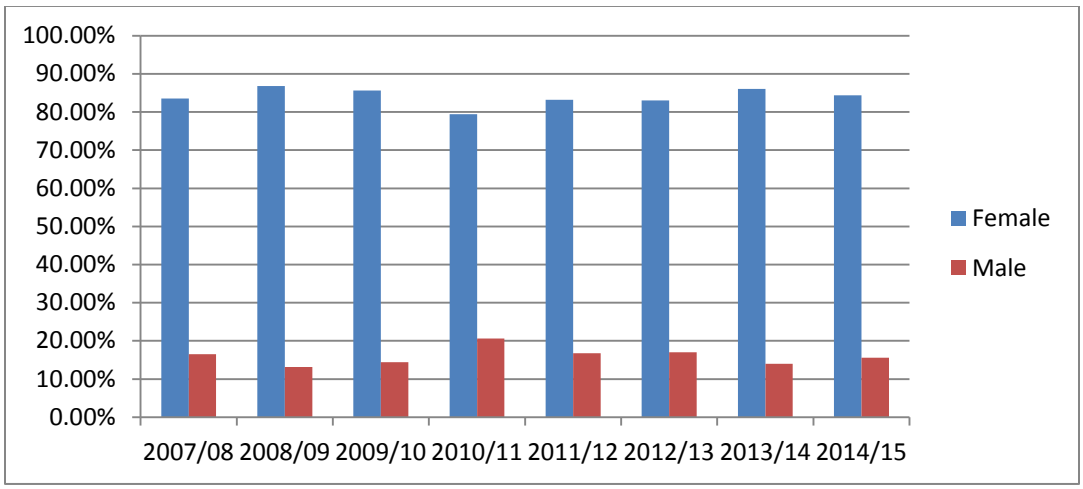
Referrals From SSAIC To:		
Police:	59	35.8%
Counselling/Therapist:	18	10.9%
Physician:	26	15.8%
Mental Health:	16	9.7%
Victims Services:	13	7.9%
Social Services:	9	5.4%
Hospitals:	18	10.9%
Legal System:	02	1.2%
Shelter/Housing:	04	2.4%
TOTAL:	**165**	**100.0%**

Historically, **self-referrals** have been the main way clients access the crisis line and office.

2008-2009:	56.2%
2009-2010:	57.7%
2010-2011:	59.2%
2011-2012:	47.8%
2012-2013:	34.3%
2013-2014:	32.7%
2014-2015:	45.3%

CLIENT BY GENDER

Annual Comparison 2007-08 to 2014 - 2015



With regards to **gender of clients**, 84.4% (443) were females and 15.6% (82) were males.

2007-08: Female	83.5%	Male	16.5%
2008-09: Female	86.8%	Male	13.2%
2009-10: Female	85.6%	Male	14.4%
2010-11: Female	79.4%	Male	20.6%
2011-12: Female	83.2%	Male	16.8%
2012-13: Female	83.0%	Male	17.0%
2013-14: Female	86.0%	Male	14.0%
2014-15: Female	84.4%	Male	15.6%

PRIMARY vs SECONDARY CLIENTS

SSAIC attended 384 primary survivors and 141 secondary survivors of sexual violence, totaling 525 new clients this year. Primary survivors are those to whom a criminal act of sexual assault was perpetrated. Secondary survivors are individuals who are close to the victims, who usually accompany them throughout their journey of dealing with hospital, police, support systems and the Saskatoon Sexual Assault Centre. They can be mothers, fathers, husbands and wives, boyfriends and girlfriends, partners, brothers and sisters, relatives and friends.

CULTURAL IDENTITY

Of the 525 clients, 110 (21%) declared themselves as of Aboriginal descent, 24 Immigrants and Refugees (4.6%), and 183 (34.9%) declared being Caucasian/ other. There was no data about the cultural background of 208 (39.5%) clients.

> Note: Data collection through the crisis line is limited, and continues to be scarce with regards to specific information such as cultural identity.

ACCOMPANIMENTS

Staff and volunteers accompany clients for medical attention / forensic kits following a sexual assault, when providing a statement or sitting through a long interview at the Police station, and going to court with clients.

MEDICAL: Volunteers and staff accompanied 29 survivors of sexual abuse to both City and Royal University Hospitals this fiscal year.

SSAIC is a member of **SART (the Sexual Assault Response Team)**, and appreciates the collaboration amongnurses, physicians, SSAIC volunteers and staff, and Police officers while attending survivors at the hospitals.

POLICE: We appreciate working with the police officers from the Saskatoon Police Service, in particular the officers of the Sex Crimes Unit (SCU). Volunteers and staff accompanied 5 victims of sexual assault to the Police Station to submit a statement or initial complaint. Beyond this, we have regular contact with SCU officers, discussing concerns, asking questions on behalf of clients. Many of our clients had already had some involvement with the police prior to attending at SSAIC.

Number of clients who involved/contacted the Police:	215	40.95%
Number of clients who did not contact the Police:	197	37.53%
(ie: did not want to contact police, or Not Applicable)		
Number of clients who did not provide information:	113	21.52%
TOTAL ……	525	100.0%

SSAIC referred 59 victims to the Police and RCMP this year and received 7 referrals from them.

COURT: Staff accompanied 2 survivors to Court for either preliminary hearings or trials. Client attending court may involve staff on multiple occasions throughout a trial.

CLIENT EVALUATIONS:

SSAIC program participants are asked to complete an evaluation form following individual counselling services provided to them. Most clients openly comment on their healing journey and the benefits of coming to SSAIC. The following are some excerpts from survivors' writings and volunteer evaluations:

> *"I have found that after attending this group session, my mind does not seem to be cluttered with sorrowful thoughts and about my past abuses. Thank goodness!"*
>
> *~ Adult Survivor of child sexual abuse*

> *"I have been able to form great coping mechanisms and my anxiety and panic attacks are easier to control, I can slow myself down, in general. I couldn't have gone through the court process without the support of the centre. I have done so much healing."*
>
> *~ Group participant, Adult Survivor of child sexual abuse*

*Note: S*SAIC received authorization from participants to publicize in part or in total their evaluation/ comments, respecting the confidentiality of their identities.

GROUPS: In the 2014 -15 fiscal year, SSAIC offered a total of seventy-two (72) group sessions for survivors of sexual abuse. This included Drop-In Programming, Women's Group and Men's Group. A total of forty-four (44) women and two (2) men participated in group programming, for a total of forty-six (46) participants. Each session had an average of six (6) participants.

SSAIC provided four (4) sets of therapy/support groups this year:

- Two closed Women's Groups were provided in 2014-15. A total of 16 sessions were offered, with 8 women participating. Average participation per session: 4 women.
- One closed Men's Group was provided this fiscal year. A total of 8 sessions were delivered, with 2 men participating. Average participation per session: 2 men.
- SSAIC provided 46 weekly drop-in sessions this fiscal year, except during July. Thirty-six (36) women accessed this group, averaging 7 participants per session.
- SSAIC offered a one time "trauma-sensitive" yoga and healing session, and 4 women participated.

Excerpts from group members:

> *"Drop-in has literally been a lifeline for me. It has provided me with the safety and support to confront major trauma and perpetrators in my life. [I value] the support of facilitators and the community with survivors."*

"I just feel better. [I value] receiving validation for how I'm feeling and how I'm scared, and the sense of community and friendship. Being able to be honest with myself and to verbalize what I'm feeling, and not being ashamed of feeling that way."

"Drop-in group has become very important as part of my self-care routine and I value the support and guidance that has been offered here."

FREQUENCY OF CONTACT by Clients Accessing SSAIC Services, 2014-15

Of the 525 clients, 304/57.7% contacted the agency only once. We have included all the anonymous calls as having had contact only one time.

The table below shows how many times survivors accessed the Centre for individual and group support, information and counselling:

# of contacts	# of people/value of contact	%/value of contact
One contact only	303	57.7 %
Two contacts	67	12.8 %
Three "	31	5.9 %
Four "	20	3.8 %
Five "	18	3.4 %
Six "	11	2.1 %
*Seven - eleven	34	6.5 %
*Twelve or more	41	7.8 %
Total new clients: ……	**525**	**100.0 %**

*those attending 7 or more times are generally attending group as well as individual counselling, and sometimes the Crisis Line.

5.3 VOLUNTEER SUPPORT

The 24-Crisis Line Program continues to be the most visible volunteer service provided by SSAIC. This Centre received the valuable help of 61 volunteers and 6 staff support to the 24-hour Crisis Line this year. The Line operated without interruption with one volunteer for the 9:00 AM to 5:00 PM shift and two (2) volunteers and one staff support worker for the 5:00 PM to 9:00 AM shift. **This is the equivalent of over 20,400 hours annually!** On occasion, volunteers are unavailable for shifts during the day, and the office will take crisis calls through the main phone line.

Recruitment and extensive training were provided three times this year: April-May/2014 September/October/2014 and January-February/2015. Thirty (30) individuals were recruited and twenty eight (28) successfully completed the training, which included initial and final interviews before the volunteers were scheduled to the crisis line. We generally have approximately 45 active volunteers at any given time.

We offered one (1) Volunteer Appreciation Evening in August of 2014. 6 volunteers and 6 staff attended.

SSAIC prepared and distributed nine (9) "*Volunteer Newsletter*" editions to volunteers, Board members and staff. Topics included news and information about the Crisis Line, meetings, training opportunities and other updates on sexual assault issues relevant to the work provided to survivors. Staff has ongoing contact with volunteers to discuss any challenges, difficulties and strengths with the crisis line work.

We extend our **thanks** to the 2014-2015 volunteers who provided emotional support, referrals, information and accompaniment to hospitals, police station and court to numerous survivors of sexual violence and their family members and friends:

Adrienne Herman
Alana Nelson
Alana Rabby
Alison Wiens
Amy Joy (AJ) Timm
Aurora Bors
Bethany Cleighorn
Brad Wilson
Branden Bayda
Brittany Yaganiski
Candace LaPointe
Carla Fraser
Danielle LaBrash
Darlyn Slugoski
David Kreiser
Deborah Clark
Dorianne Geske
Felicia Chen
Gisele Plamondon
Haleh Hanley
Hailie Nyari
Harley Libke
Jacinda Scott
Jamie Holinaty
Jeanne Morell
Jenelle Hofmann
Jenna Jarvis
Jennifer Gulka
Jennifer Samayoa
Jessica Bauer-McLure
Jessica Couture
Jillian Cowen
John Boersma
Jordan Hartshorn
Kari Duerksen
Katyayni Agrawal
Kendra Zolkavich
Kerry Klassen
Lauren Wotherspoon
Lindsay Brittain
Linzi Williamson-Fox
Lisa Gaylor
Lyndsey Labiuk
Marcie Cole
Marie Albus (Ens)
Mariel Marciniak
Melissa Wilkinson
Monique Koskie
Navid Robertson
Nicole Hoffos
Nicole (Misura) Callan
Nya Uddin
Samantha Riopka
Samantha Robinson
Shelby Preston
Simon Lasair
Stefanie Long
Tessa Martens
Tessa Priel
Thyla Mula
Suzi Mitchell

Staff Support

Debbie Gsell-Danilkewich
Heather Byrne
Ivy Armstrong
Jody Hanson
Jolene Browne
Melanie Eliason
Sandra Willner
Tennille Boutilier

Staff Support, taking Crisis Line Shifts

Debbie Gsell-Danilkewich
Heather Byrne
Ivy Armstrong
Jody Hanson
Jolene Browne
Melanie Eliason
Sandra Willner
Tennille Boutilier

5.4 PUBLIC EDUCATION

SSAIC provided 214 workshops, seminars, resource fair displays, puppetry recruiting presentations and volunteer training sessions to 4,265 participants in Saskatoon and surrounding areas, totaling 314 presentation hours this year. The table below describes the target audience, number of presentations and number of participants.

Totals 2014-2015	**# of Presentations**	**# of Participants**
Elementary Schools	105 (I'm the Boss = 93 of 105)	2,591 (I'm the Boss = 2,303 of 2,591)
High Schools	14	371
University/Colleges	14	294
Agency/Group/Program	8	70
Professionals	17	227
Other	56	712
TOTAL	**214**	**4,265**

Among the public education and awareness events, it is worth mentioning the following workshops/seminars/presentations:

- "I'm the Boss of Me" Child Sexual Abuse Prevention Program: 93 presentations in both Public and Catholic School Divisions classrooms; 2,303 grade 4 students
- 31 workshops and/or training sessions to 532 participants on adult survivors of childhood sexual abuse
- SK Victims Services Workers training (annual request)
- Monthly presentations to the MACSI treatment centre residents
- U of S/Faculty of Medicine – International Doctors Training: 3 sessions annually (Training in preparation for Provincial Licencing exams)

SSAIC distributed 8,998 educational materials this fiscal year, shown below:

	Posters	**Bookmarks**	**Pamphlets**	**Handouts/ Misc resources**	**CSA Guide for Parents**	**CSA Guide for Teachers**	**TOTAL**
General	10		4361	1165	636	244	
I'm the Boss of Me	93 +	2303+			93 +	93 +	
Total	103+	2303+	4361	1165	729	337	**8998**

Listed below are other main activities provided by the Public Education Coordinator and staff this year:

Media: SSAIC enjoys positive relationships with our local media This year, we had **23** media contacts, (TV, radio and newspaper), presenting SSAIC programs and activities, promotion of volunteer training for the 24-Hr Crisis Line, fundraising event and SSAIC operational cost needs, "I'm the Boss of Me" program. This year several contacts and interviews addressed the high profile cases of Jion Ghomeshi and the impact of such cases on our agency, and responding to issues occurring in other Canadian provinces.

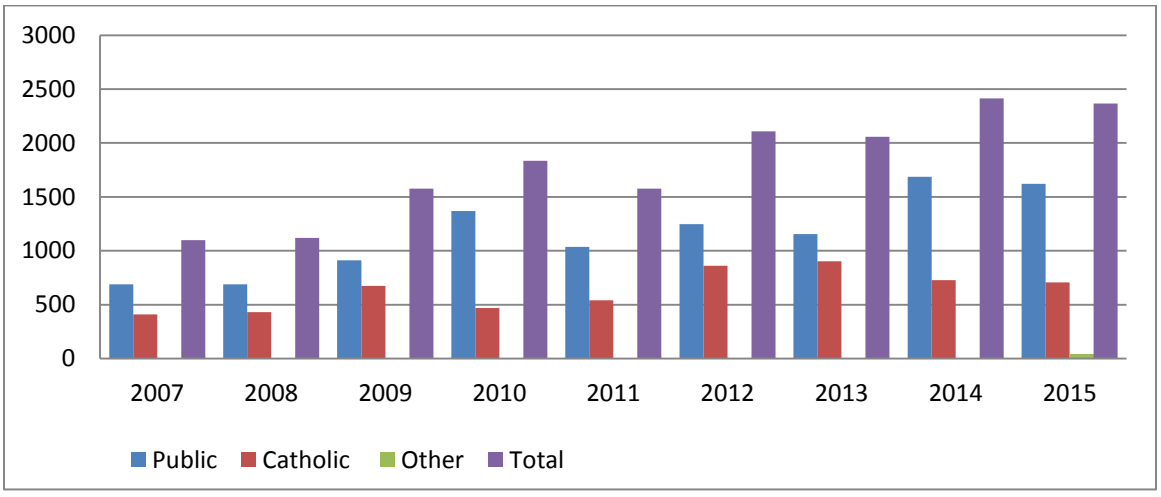
SSAIC takes every opportunity to address the issue of sexual violence through the media, and they trust our input to better inform the local population. We believe this has continued to bring more visibility to SSAIC as a trusting and credible service.

SSAIC Website (www.saskatoonsexualassaultcentre.com) is frequently updated.

"I'm the Boss of Me" Child Sexual Abuse Prevention Program completed its 9th season, the program made 93 presentations in both Public and Catholic school division classrooms, reaching 2,303 grade four students. (We completed 93 shows by April/15). "I'm the Boss of Me" grew slightly this year, both in terms of number of classroom presentations, and number of students who participated. "I'm the Boss" involved 45 puppeteers that came from colleges of Education, Nursing, Social Work and Arts and Sciences. This program provides excellent training / career development.

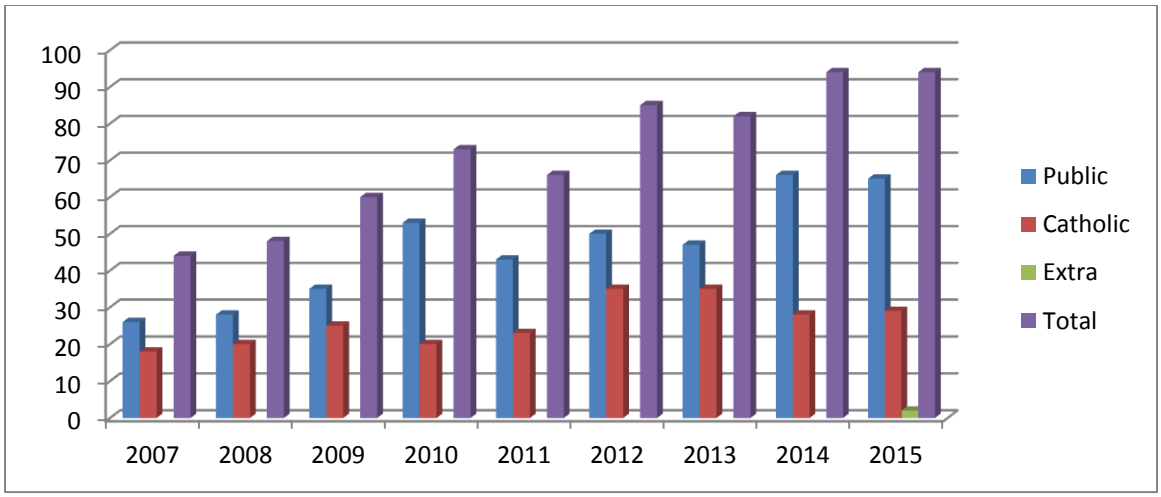
Without these volunteers, the **"I'm the Boss of Me"** Program would not have been possible.

NUMBER OF CHILDREN WHO PARTICIPATED IN "I'M THE BOSS OF ME", 2014-2015



2007 – Public schools - 690: Catholic schools - 410: total 1,100 children
2008 – Public schools – 688: Catholic schools – 432: total 1,120 children
2009 – Public schools – 913: Catholic schools – 674: total 1,578 children
2010 – Public schools – 1,368: Catholic schools – 468: total 1,836 children
2011 – Public schools – 1,035: Catholic schools – 541: total 1,576 children
2012 – Public schools – 1,247; Catholic schools – 861; total 2,108 children
2013 - Public schools - 1,150; Catholic schools - 902; total 2,052 children
2014 – Public schools - 1,685; Catholic schools - 728; total 2,413 children
2015 – Public sch – 1622; Catholic sch – 707; other – 38 = 2,367 children
(plus more shows into April)

NUMBER OF PRESENTATIONS IN SASKATOON SCHOOLS PER YEAR
"I'm The Boss of Me" 2014-2015



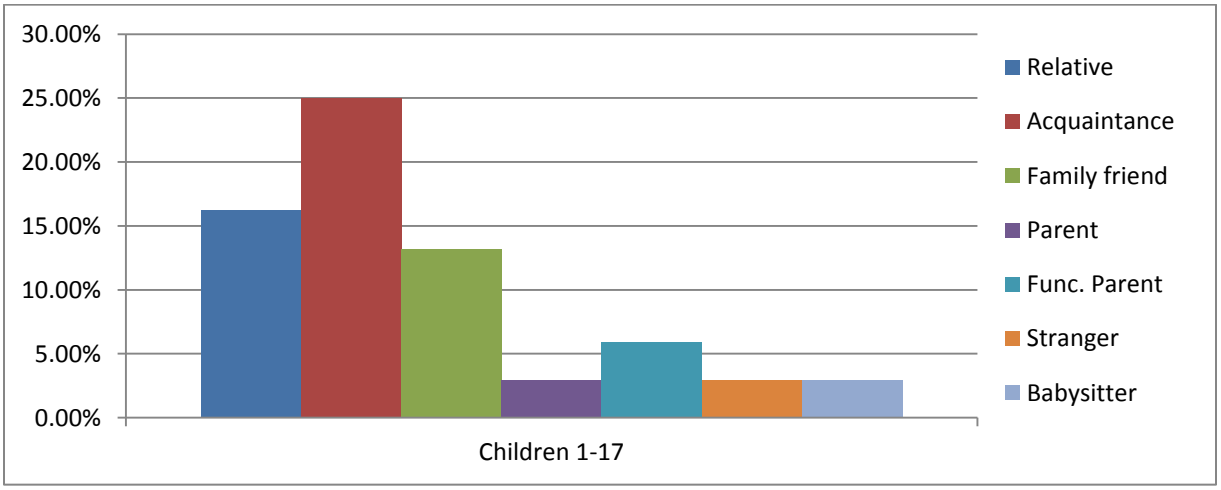
2007 – Public schools – 26; Catholic schools – 18: total of 44 shows
2008 – Public schools – 28; Catholic schools – 20: total of 48 shows
2009 – Public schools – 35; Catholic schools – 25: total of 60 shows
2010 – Public schools – 53; Catholic schools – 20: total of 73 shows
2011 – Public schools – 43; Catholic schools - 23: total of 66 shows
2012 - Public schools – 50; Catholic schools – 35: total of 85 shows
2013 - Public schools – 47; Catholic schools - 35: total of 82 shows
2014 – Public schools – 66; Catholic schools - 28: total of 94 shows
2015 – Public schools – 65; Catholic schools – 29: total of 94 shows
Plus 2 shows at Beardy's Reserve = 96 shows

5.5 DATA ON PERPETRATORS

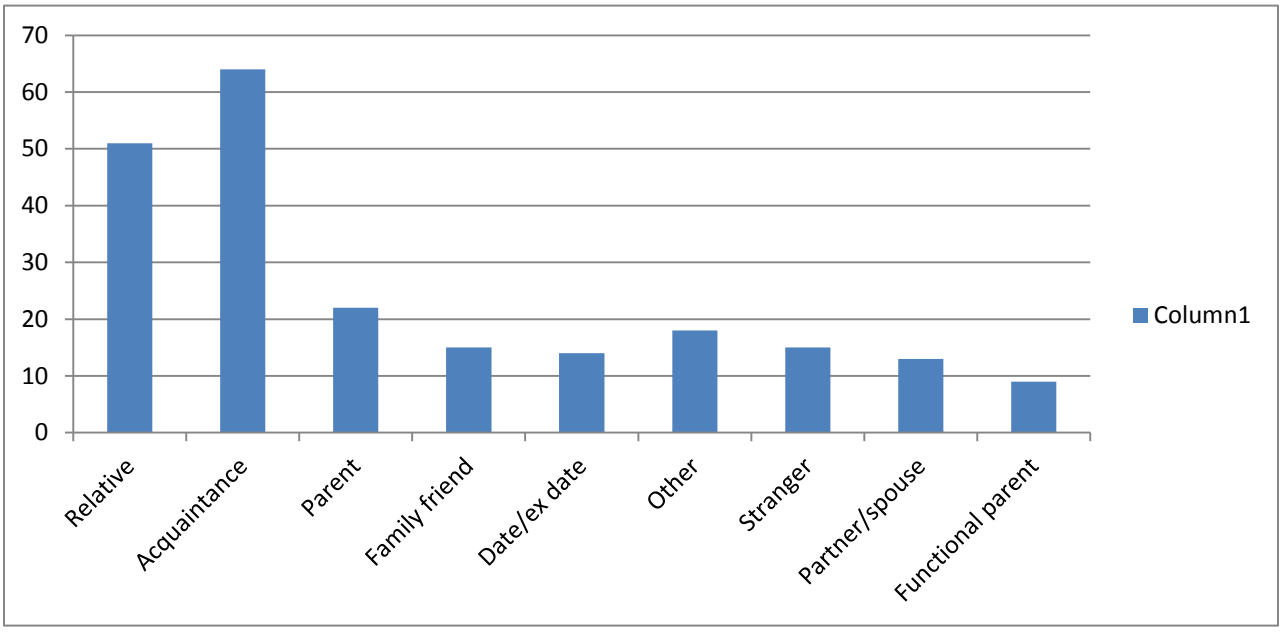
SSAIC collected information provided by survivors re perpetrators of sexualized violence. This year, out of 525 victims, 335 people (68.5%) disclosed information about the offender. The table below shows the relationship rate between offender and victims.

We have been monitoring the relationships between Offenders and Victims/Survivors for several years, and there has been little change. Below, we are depicting offenders by victim age group for this year, where information is available. We were able to gather information on perpetrators from 68 children.

Relationship of Offenders to CHILDREN 0 – 17 Years of Age, 2014-2015



Relationship of Offenders to ADULTS, 2014-2015



SSAIC SUMMARY of Statistical Information 2014-2015

New Clients ……..	525	
Follow-Up Counselling Sessions/Contacts …….	1,486	
Total Client Contacts …….	2,011	
Primary Victims:	384	73.1%
Secondary Victims:	141	26.9%
Gender of Primary clients :		
Female Survivors:	338	88%
Male Survivors:	46	12%
Cultural Background:		
Aboriginal/Metis:	110	20.9%
Non-Aboriginals:	183	34.9%
Immigrants:	24	4.7%
No Information:	207	39.5%
Age:		
Children under 12:	11	3.4%
Youth under 18:	54	16.8%
Adult 18 and over:	256	79.7%
Total of known	**321**	**100.0% of known**
Unknown age:	204	
Types of Assault Affecting All Victims:		
Adult Sexual Assault (past and recent):	156	29.7%
Adult Survivor of Childhood Sexual Abuse:	145	27.6%
Child Sexual Abuse:	60	11.4%
Incest:	6	1.1%
Sexual Harassment:	4	0.8%
Domestic Violence:	14	2.7%
Other: (sexual acting, sexual exploration, etc.):	140	26.7%
Total…….	**525**	**100.0%**
Accompaniments		
Accompaniment to Hospitals:	29	
Accompaniment to Police:	5	
Accompaniment to Court:	2	
Clients involved with the Police:	215	
Referrals made to SSAIC:	383	
SSAIC Referrals to Other Agencies:	165	

Public Education Presentations and Training:	214	314 hours
Participants:	4,265	
Educational Material Distributed:	8,998	
Contacts with the Media:	23	

5.5 FUNDRAISING

a) The **11th Annual "Luncheon en Vogue™"** Fashion Show was held on September 19, 2014 at the TCU Place. The event was a success in terms of venue, attendance and funding.

This fundraising event continues to bring much needed revenues to fund the Centre's programs and operation. More than 100 businesses and individuals donated items for silent auction, surprise bags and prizes, or contributed financially to this significant event. We are always thankful to the following businesses and individuals for the tremendous success of the fundraising event:

- Soroptimist International of Saskatoon
- Paramount DaySpa & Salon - Owners Laura Dutka and Sarah Dutka, and Staff
- Durand's Footwear & Accessories – Owner Leanne Durand and Staff
- Anthony's Fashion for Men
- SSAIC past Board Co-Chairs Sueli de Freitas and Terry Sukut
- SIGA/Dakota Dunes
- Birk's Jewellers
- WestJet
- Handy Special Events
- Fastener Warehouse Ltd
- Centric Health Life Mark
- BMO Bank of Montreal
- Midwest Laser Centre
- SGI
- Global TV/Shaw, Saskatoon Media Group, Saskatoon Express, Rawlco Radio, Jensen Publishing
- SSAIC staff and volunteers

SSAIC extends a very special thanks to the 8 Saskatoon Police Service officers who kindly modelled the beautiful fall clothing and shoes from Paramount DaySpa & Salon, Durand's Footwear and Anthony's for Men. They have become a special feature in our fundraising event.

b) Staff and Board members ran 2 fundraising events for the United Way 2014 Campaign: both the bake sale and recycling bottle drive were very successful. Heather Pocock represented SSAIC on the United Way Speaker's Bureau, informing the community about our work and the importance of the United Way funding to SSAIC, our programs and activities, especially emphasizing the "I'm the Boss of Me" Child Sexual Abuse Prevention Program.

5.6 OTHER ACTIVITIES AND EVENTS

SSAIC Executive Director and staff participated in meetings with community service providers and groups, committees and coalitions in roles such as planning, facilitating, networking and information sharing on common issues relevant to our agency, to the survivors of sexual violence and to the community at large.

Staff actively participated in the following community services and organizations, boards, and committees:
Red Cross RespectED Program Advisory Council
United Way Speakers Bureau
United Way Funded Agencies Group
Sexual Assault Services of Saskatchewan – SASS
University of Saskatchewan Sexual Assault Committee

Board members and staff represented SSAIC in the following Saskatoon Community Service Village committees: Board of Directors, Advisory Council, Communications & Joint Programming Committee, Fire Safety Committee, Partnering Agencies Executive Directors Group

SSAIC is indebted to the groups and individuals for their continuous support to survivors of sexual violence in our community.

We urge you, the readers of this report, to continue supporting the Saskatoon Sexual Assault & Information Centre.

Become:

- a Board member
- a Crisis Line Volunteer
- an Event/Fundraisingr Volunteer
- a Donor

Call SSAIC for further information: **306-244-2294**

Respectfully submitted by:

Faye Davis
Executive Director