2015-2016

Annual Report

Saskatoon Sexual Assault & Information Centre

2015-2016 ANNUAL REPORT

of

Saskatoon Sexual Assault & Information Centre

Working with Survivors of Past and Present Sexual Abuse

Mission

The Saskatoon Sexual Assault & Information Centre exists to contend with sexual violence and its effects upon individuals and the community.

We aspire to a society where all may achieve their full potential free from sexual violence in any form.

2015-2016 BOARD OF DIRECTORS REPORT

As Co-Chairs of the SSAIC Board of Directors we are pleased to present the report for the 2015/2016 fiscal year.

We will be saying good bye and good luck to Rhonda Ellingboe, Tisha Rae Stonehouse both from the Saskatoon Police Service as they will be stepping down this year, and to Wendy Featherstone as she finishes her final term as a Board Member and Co-Chair. Continuing on this year will be Maura Gillis-Cipywnyk, Anne McKenna, Denise McCafferty, Ailsa Watkinson, June Vargo and Jodi Earl. This fall we also welcomed Ev Burnett to the Board. With this larger Board, we have been focusing on Board recruitment and increased Board participation in our budgeting and financial processes.

We extend our thanks for the continued support of our primary funders: the Ministry of Justice/IVA, Victims' Services, United Way of Saskatoon, Saskatchewan Law Foundation and the City of Saskatoon. Thanks also to our many donors, especially the Soroptimists and our fundraising event sponsors.

This year we were able to reorganize and define some of our counselling and client services, and hopefully provide some structure and relief for our counsellors as our client load has increased. Our "I'm The Boss of Me" program continues to be popular with Saskatoon schools, and has grown to 107 shows this season, reaching over 2,700 students. Thank you to all the staff and volunteers that make this program happen! Finally, we have been updating some of our communication options, so please have a look at our new brochures, website and our Facebook page.

The board extends its heartfelt thanks and appreciation to the following:

- Our new Executive Director, Faye—you have done an amazing job stepping in this year, and we appreciate all of your hard work.
- Our hardworking staff: Heather, Irene, Dolores, Megan S, Erin, Debbie, Kathie, Kat, Terri and Megan E—thank you so much for your amazing work! You are the strength and the back bone of who we are, and the jobs that each of you does make our entire community better.
- Our volunteers—thank you for the time, dedication and heart that you put into your work with us. We value your time and effort so much!
- Our partners—especially the Saskatoon Police Service Sex Crime Unit, the University of Saskatchewan and the Saskatoon Community Service Village who encourage and support us in so many ways.

Respectfully submitted,

Maura Gillis Cipywnyk

Co-Chair, SSAIC Board of Directors

Wendy Featherstone

Co-Chair, SSAIC Board of Directors

2015-2016 BOARD OF DIRECTORS AND STAFF

Board of Directors:

Maura Gillis-Cipywnyk	Co-Chair
Wendy Featherstone	Co-Chair
Anne McKenna	Director
Rhonda Ellingboe	Director
TishaRae Stonehouse	Director
Denise McCafferty	Director
Ailsa Watkinson	Director
Ev Burnett	Director
June Vargo	Director
Jodi Earl	Director

Staff:

Faye Davis	Executive Director
Heather Pocock	Assistant Director/Public Education Coordinator
Megan Sawyer	Senior Client Services Worker
Dolores Cennon	Client Services Worker
Erin Redekop	Client Services Worker
Kathie Pruden	Client Services Worker
Irene Hildebrandt	Receptionist
Kat Jones	Crisis Line / Office Assistant
Debbie Gsell-Danilkewich	Part-time Crisis Line Coordinator
Linda Opoonechaw	Resolution Health Support Worker (No longer on staff)

Crisis Line Staff Support Workers (Casual):

Tennille Boutilier	Ivy Armstrong
Jody Hanson	Jolene Browne
Sandra Willner	Linzi Williamson
Nicole Callan	Jessica Bauer-McLure

Contracted Positions:

Terry Sukut	Events Coordinator/Fund Development
Megan Evans	Communications Project Worker
Maureen Graham	Clinical Supervisor

Bookkeeping Services:

Leora Ferron (Contract ended)
Rochelle Penman, Fuel Business Services Inc.

MESSAGE FROM THE EXECUTIVE DIRECTOR

This year's theme has been one of change. The issue of sexual assault is finally having its time in the public spotlight.

We have been witness to an increased amount of media attention being paid to several high profile cases of sexual assault, watched as celebrities and politicians bravely came forward identifying themselves as one of the 1 in 4 women, or 1 in 6 men who have been sexually assaulted. We have seen the important role social media has played in sharing information, starting conversations and challenging the long standing myths and stereotypes about sexual assault in our communities. The public has become educated about the realities of the small number of survivors who report their sexual assaults to police. The public peeked inside the court room and now understands that the existing criminal justice system is not able to deal appropriately with sexual assaults or treat survivors with the dignity they deserve.

When people know better, they can do better. It our belief that as a community, province and country we are ready to make important strides forward to better meet the needs of sexual assault survivors, and begin to work toward addressing attitude and behaviors that perpetuate sexual victimization. We can't wait to work with politicians, professionals, service providers and other members of the community who share our passionate belief that change is possible.

Some Things Changed

New Leadership As an agency, our year has also been about change. I am now finished my first year as Executive Director with SSAIC. A change in leadership is a step into the unknown for any organization, and I have been very fortunate to be kindly welcomed, educated and supported by a wonderful staff and a dedicated Board of Directors.

ORGANIZATIONAL REDESIGN In order to position ourselves to better respond to the increasing needs for counselling and crisis support we undertook an organizational redesign in which we were able to add another counselling position, created a part-time Crisis Line Coordinator position and added a Crisis Line/Office Assistant position. We have left other staff positions vacant and contracted a number of services on a very part-time basis in order to address our organizational needs in the most cost effective manner. We have made changes to our service limitations and client programs to ensure that we can continue to offer quality services to those who ask for our help. We are no longer offering the Resolution Health Care Worker Program, funded by Health Canada. However, we remain committed to increasing our engagement with the Aboriginal Community and meeting the needs of residential school survivors in their healing from sexual assault.

COMMUNICATIONS We recognize that on-line access to information and the rise of social media has changed the way non-profits communicate with potential clients, supporters and the public in order to spread awareness of our work. People's expectation as to how they will interact and communicate with us has also changed, and so we need to keep pace with

technological and communication innovations the best we can, despite our limited resources. We started work in this past fiscal year to develop new communication strategies, policies and procedures. We revised our website with new themes and made it more mobile friendly. We simplified the access points to so that website user could more easily find the information they were looking for and get the emergency support they need. We have updated and revised our main agency brochures and they will be distributed into the community. We have increased our presence on Facebook and Twitter in order to further extend our reach. We will continue this very important work in the next fiscal year in order to further our strategic goals.

PUBLIC EDUCATION In order to provide information that brings about change we hosted two conferences reaching 329 professionals, service providers and policy makers around the province:

- In April of 2015, we hosted a 1½ day conference on trauma-informed practice, in partnership with the Saskatoon Police Service / Saskatoon Victim Services, and featured guest speakers Dr. David Lisak, Dr. Candace Schachter, Dr. Raven Sinclair, and Linda Opoonechaw of SSAIC.
- In January of 2016, we hosted a one day conference featuring Dr. David Lisak, who focused on non-stranger sexual assault.

We provided information on how survivors are affected by the trauma caused by sexual assault and the implications of that trauma experience has on their memory, their bodies, their ability to participate in criminal prosecutions, and seek medical and counselling assistance. We provided information on non-stranger sexual assault so when the community responses to sexual assault survivors we do so with the understanding that 95% if our clients are assaulted by someone they knew and often trusted. This reality has many implications on our expectations of survivors to report to police, move on with their daily lives, and feel safe.

COMMUNITY OUTREACH We took some time to reach out to other community agencies. The SSAIC Executive Director and staff participated in meetings with a variety of community service providers and groups, committees and coalitions in roles such as planning, facilitating, networking and information sharing on common issues relevant to our agency, to the survivors of sexual violence and to the community at large. We met with Child Protection, Mental Health and developed a working relationship with the University of Saskatchewan.

Some Things Stayed the Same

FUNDRAISING This year we held our **12th Annual "Luncheon en Vogue" Fashion Show** which was another huge success in terms of attendance, community donor support, public education as well as funds raised. This event continues to bring much needed revenues to fund the Centre's programs and operations. More than 100 businesses and individuals donated items for silent auction, prizes and surprise bags and/ or contributed financially to this event. We are always thankful to the following businesses and individuals for the tremendous support of the fundraising event:

- Soroptimists International of Saskatoon
- Paramount Day Spa & Salon—Owners Laura Dutka and Sarah Dutka, and Staff

- Durand's Footwear & Accessories—Owner Leanne Durand and Staff
- Anthony's Fashion for Men
- GMG Jewellers
- Tacori
- WestJet
- Fastener Warehouse Ltd
- Federated COOP
- Areva
- SIGA/Dakota Dunes
- Midwest Laser Centre
- Aboriginal Law Group, Adams Lumber, Homes by Dream & Dream Development, Kelsey Pipelines, Loraas Disposal, North Ridge Development Corp, NRT(Northern Resource Trucking), Sask Energy, Saskatoon Funeral Home, Saskatoon Tribal Council, SGI
- Global TV/Shaw, Saskatoon Media Group, Saskatoon Express, 96.3 Cruz
- Terry Sukut, SSAIC staff and volunteers

SSAIC extends a very special thanks to the 8 Saskatoon Police Service officers who kindly modelled the beautiful fall clothing and shoes from Paramount Day Spa & Salon, Durand's Footwear and Anthony's for Men. We were also fortunate to have an officer staff our photo wall which was well received. The officers of the Saskatoon Police Service have become a special feature in our fundraising event.

FUNDING In a year when many community based organizations faced cuts and changes to their core funding models, ours stayed the same or saw a funding increase. I would like to thank the Saskatchewan Ministry of Justice, Community Justice and Community Services Branch who provide the core funding for our agency. We are also very fortunate to be supported through grants from the United Way of Saskatoon, the Law Foundation of Saskatchewan, the Saskatoon Collaborative Funders Partnership between the City of Saskatoon and the United Way, and the Saskatoon Public School Division and Greater Saskatoon Catholic School both of whom provide funding for our "I'm the Boss of Me", Childhood Sexual Abuse Prevention Program. We also are fortunate to receive ongoing donations from businesses and individuals in our community who support our work.

COMMUNITY PARTNERSHIPS SSAIC is a member of SART (the Sexual Assault Response Team), and appreciates the collaboration among nurses, physicians, SSAIC volunteers and staff, and Police officers how continue to work together in coordinating our response to survivors coping with the immediate aftermath of a sexual assault attending survivors at the hospitals.

We work closely with the police officers from the Saskatoon Police Service, in particular the officers of the Sex Crimes Unit (SCU), they have members sit on our Board of Directors, and they commit to large meeting with staff of the Unit and SSAIC in attendance as well as the SART. Beyond this, we have regular contact with SCU officers, discussing concerns, asking questions on behalf of clients.

OUR HOME IN THE SASKATOON COMMUNITY SERVICE VILLAGE Our Board Members sit as Village Board Members, our staff sits on Committees and facilitates joint staff training, and as the Executive Director, I have the privilege of participating in regular meetings with other village agency Executive Directors. We are well taken care of by the Village Coordinator and other staff and have access to services and facilities not usually enjoyed by community based organizations.

VOLUNTEERS CONTINUE TO SUPPORT US As with all non-profits, we rely heavily on volunteers, but we think our volunteers are extra special. I would like to thank our SSAIC Board of Directors for their generous donation of their time and talents. It is their passionate belief that sexual assault survivors deserve our support, and that staff and volunteers should be well treated and respected that keeps this organization strong and moving forward. We thank you for your leadership.

Our agency relies on volunteers to deliver both our 24 Crisis Line and Child Abuse Prevention Programs. Our 55 Crisis Line Volunteers each participated in 30 hours of intensive training and together donated 20,408 hours of on-call hours to our organization. Our 51 Child Abuse Program puppeteers and program facilitators together made 107 presentations to 2,671 Grade 4 students in Saskatoon empowering by teaching them about sexual abuse and how to tell someone so they can get help. Thanks to each and every one of you.

STAFF Our agency has experienced a great deal of staffing changes in the last couple of years. This year, with a few exceptions, our existing staff stayed with us. The SSAIC staff is an incredible group of dedicated and talented professionals who work very hard each and every day. I would like to thank our Administrative Support Team of Irene Hildebrandt and Kat Jones. They do all the behind the scenes work that make the rest of us look organized and professional. They are the ones who welcome people to our office with a smile and set the warm tone that allows survivors in particular to feel safe.

Heather Pocock, our Assistant Director/Public Education Coordinator, works tirelessly to share information, educate others and works toward change. Terry Sukut is our Contracted Fund Development Coordinator, who has no shame in asking corporations and individuals for money because she believes so deeply in our work.

Debbie Gsell-Danilkewich is our Crisis Line Coordinator and she educates, manages, schedules and supports a very busy group of Crisis Line Volunteers who do not work out of our office. If you have ever worked with volunteers you know how challenging but rewarding that job can be.

We were able to bring on Megan Evans as our Communication Project Worker on a short term contract to update our web site, rewrite a lot of our educational material and begin to use social media to spread awareness about our services and educate others about sexual assault. If we could afford to keep her on staff with us forever we would.

Then there is our group of counsellors, Megan Sawyer, Dolores Cennon, Erin Redekop and Kathie Pruden-Nansel. They are the ones who say, we believe you, it is not your fault, we understand what you are going through, and we will help you. They look into the eyes of survivors and tell them that they are strong and with a little help they are going to be okay.

The staff members are my heroes, and I am proud every day to be working alongside them all.

Faye Davis
Executive Director

CLIENT SERVICES REPORT

This past year was a time of change and continued growth within Client Services at SSAIC. Our Client Service Team grew to four full-time Client Workers in response to the increased demand for both individual and group counselling for those impacted by sexual violence within our community. Clients of SSAIC benefit from the dedication, hard work and expertise of Dolores Cennon, Erin Redekop, Kathie Pruden and Megan Sawyer. This year we also welcomed Clinical Supervisor Maureen Graham to our team. It is an honor to work with such an amazing group of professionals and witness the healing that occurs as a result of the team's excellence and the strength and courage of the survivors we serve.

INDIVIDUAL COUNSELLING The Saskatoon Sexual Assault and Information Centre (SSAIC) provides crisis support and short term trauma counselling to individuals over the age of 12 who have been impacted by sexual violence. SSAIC Client Services received 484 referrals for counselling from various sources including: Saskatoon City Police, Victim Services, Saskatoon Public and Catholic School Systems, Saskatoon Mental Health and Addiction Services, Ministry of Social Services, Royal University and City Hospitals, physicians, psychiatrists and other community agencies. In addition, staff made 131 referrals to a variety of agencies/services during this fiscal year.

In recent years, we have seen a significant shift in the ways clients are accessing services. More survivors are now engaging with SSAIC beyond the initial crisis response and accessing counselling services designed to support them in their healing. Our four Client Workers are responsible for the delivery of all Client Services including Intake, assessment, referrals and caseload management.

In 2015-2016, our staff and volunteers were contacted by **609 individuals** (primary and secondary) and **provided 1,887 follow-up sessions** (individual or group), for a total of 2,496 contacts. In addition, our staff consulted with and referred to numerous community agencies and professionals.

> *"I have progressed further with Megan than with my previous long-term counsellor. Megan can address my specific trauma rather than out-lying factors. My panic disorder is more manageable and my anxiety levels have significantly decreased."*
>
> - Counselling client

> *"I have learned invaluable coping skills that will benefit me in all situations and transitions moving forward."*
>
> - Counselling client

GROUP COUNSELLING The Group Counselling Program at SSAIC has continued to grow this past year as more individuals attended the various groups offered. All groups are designed and structured to further support survivors in healing from the impacts of sexual violence. The Saskatoon Sexual Assault and Information Centre ran a total of 70 group sessions in 2015-2016. These included Drop-In Programming, Women's Group and Men's Group. A total of 84 clients participated in group programming, with an average of 8 participants per session.

> *"I've learned so much from group. It helps me identify issues in my life and taught me skills to cope. Hearing other women's stories is extremely empowering."*
>
> - Group participant

"I was able to be open about the issues about my life that nearly destroyed me."

- Group participant (male)

ADDITIONAL SERVICES Client Service staff also provides support for survivors outside of the traditional therapeutic context. Support is provided, as needed, at the hospital, police station and throughout the court process. Referrals to our counseling services are often received from professionals at schools, hospitals, jails and addiction treatment centers. Client workers do our best to remove as many barriers as possible for clients needing our services and provide individual counselling sessions for youth and adults in these settings, when possible. Client Service staff also provide training and support to our crisis line volunteers and staff support and assist with Public Education in order to increase the capacity in our community to respond to the issue of sexual violence.

ACCOMPANIMENTS Staff and volunteers accompany clients for medical attention / forensic kits following a sexual assault, when providing a statement or sitting through a long interview at the Police station, and going to court with clients.

a) **Medical**: 3 staff and 25 Crisis Line volunteers accompanied 28 survivors of sexual abuse to either City Hospital or Royal University Hospitals this year.

b) **Police:** Staff accompanied 8 survivors, and Crisis Line Volunteers accompanied 5 survivors (total of 13 survivors accompanied) to the police station to submit a statement or initial complaint. Beyond this, we have regular contact with SCU officers, discussing concerns, asking questions on behalf of clients. Many of our clients had already had some involvement with the police prior to attending at SSAIC.

Number of clients who involved/contacted the Police:	229	37.60%
Number of clients who did not contact the Police:	212	34.81%
(i.e.: did not want to contact police or not applicable)		
Number of clients who did not provide information:	168	27.59%
TOTAL	609	100.00%

SSAIC referred 59 survivors to the Police and RCMP this year and received 7 referrals from them (where information was provided).

c) **Court:** Staff accompanied 12 survivors to court for either preliminary hearings or trials. Clients attending court may involve staff on multiple occasions throughout a trial. There were no volunteers involved in court accompaniments.

Submitted by Megan Sawyer
Senior Client Worker

CRISIS LINE REPORT

The Saskatoon Sexual Assault & Information Centre offers as part of its core services a 24 hour/ 7day a week Crisis Line Service. The goal of the Crisis Line is to provide information, referrals and support to anyone dealing with issues related to a sexual assault, the sexual abuse of children, or adult survivors of childhood sexual violence. Through the Crisis Line we also offer accompaniment and transportation to hospital and police services.

The Crisis Line is staffed by trained volunteers who receive calls in their own homes. The calls are answered and transferred to the volunteers by Tel-J communications, which is a 24-hour answering service. Volunteers are supported on every shift by a Crisis Line Staff Support worker (senior volunteer), who is paid an honorarium per shift. During the day shift SSAIC office staff acts as Staff Support.

The Crisis Line Program is staffed by a part-time Crisis Line Coordinator (20 hours/week). This position is supported by a full-time Crisis Line/Office Assistant, who supports a multitude of SSAIC programs. As of October 2015 the Crisis Line Coordinator has the sole responsibility of recruiting, training and staffing volunteers for the Crisis Line. In the past, the Crisis Line Coordinator provided counselling services in addition to managing the Crisis Line. In the fall of 2015, due to a re-alignment of duties/services, the agency decided to move away from this model. The volunteers and Staff Support workers then staff the service.

In the last fiscal year SSAIC had a total of 55 active volunteers, 3 of whom became Staff Support workers during the year. The number of Staff Support workers totalled 9, for the same time period. SSAIC conducted three training sessions throughout the year for new volunteers. The numbers of volunteers trained in each session are as follows:

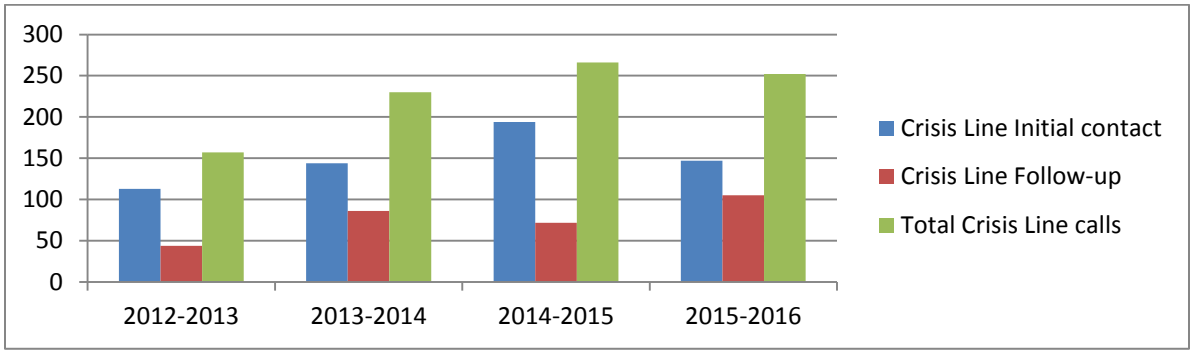
Spring (Apr 28 - May 14, 2015)	=	8
Fall (Sep 22 - Oct 8, 2015)	=	6
Winter (Jan 18 - Feb 8, 2016)	=	5

The breakdown of hours donated to the SSAIC Crisis Line in 2015-2016 on a monthly basis, is as follows:

Apr	=	1,723	Oct	=	1,656
May	=	1,624	Nov	=	1,704
Jun	=	1,688	Dec	=	1,797
Jul	=	1,720	Jan	=	1,680
Aug	=	1,792	Feb	=	1,632
Sep	=	1,696	Mar	=	1,696

Over the course of the year, the amount of time dedicated to the SSAIC Crisis Line by all of its volunteers was 20,408 hours for an average of 1700 hours/month. Our Crisis Line took a total of 252 calls this fiscal year.

Crisis Line Contacts year to year 2015-2016



	INITIAL CALLS	FOLLOW-UP CALLS	TOTAL
2012 – 13	113	44	157
2012 – 14	144	86	230
2014 – 15	194	72	266
2015 – 16	147	105	252

Volunteer Feedback

"Volunteering with the Crisis Line has given my life an amazing new sense of purpose. It's challenging and can at times be disheartening, but I have found there is no better way to spend thirty minutes than being there for someone as they experience a difficult time in their life, and hopefully help them find some peace."

"Being a Crisis Line volunteer has made me more confident both in my ability to act as a support for others in all areas in my life, and in my ability to respond to crisis situations."

"Volunteering with the Crisis Line has given me a unique opportunity to explore the effects of sexual and gender-based violence that are deeply engrained in our communities."

Submitted by Debbie Gsell-Danilkewich
Crisis Line Coordinator

PUBLIC EDUCATION REPORT

2015/16 was another busy year in terms of public education. SSAIC provided 201 workshops, seminars, resource fair displays, puppetry recruiting presentations and volunteer training sessions to 4,780 participants in Saskatoon and surrounding areas, totaling 264.5 presentation hours this year. The table below describes the target audiences, number of presentations and number of participants who were present.

Totals 2015-2016	**# of Presentations**	**# of Participants**
Elementary Schools - general	6	66
Elementary schools "I'm the Boss of Me"	100 (+7)	2,542
High Schools	5	231
University/Colleges	22	671
Agency/Group clients/Program	10	113
Professionals	13	415
Other	45	742
TOTAL	**201 (+7)**	**4,780**

Among the public education and awareness events, it is worth mentioning the following workshops/seminars/presentations:

- Note: the "2015-2016 season of "I'm the Boss of Me" Child Sexual Abuse runs from January to April, 2016 and therefore crossed-over the year end. For the purposes of this report, *the above chart reflects the actual fiscal year.*
- 21 of the workshops and/or training sessions provided information about Adult Survivors of Childhood Sexual Abuse, and reached 382 participants
- Professional training included staff/workers from Saskatchewan Victims Services programs, various departments of the Saskatoon Health Region, U of S/ College of Medicine/ International Doctors Training (training in preparation for Provincial Licensing exams. Two programs exist: "SIPPA" and "IMG", and we present in both).
- Presentations to marginalized populations, including frequent presentations to the MACSI (Metis Addiction Treatment Centre) residents; YWCA shelter residents; programs for new Canadians (both Open Door Society and Global Gathering).
- Presentations with primarily Aboriginal audiences: Beardy's Reserve, One Arrow Reserve, Whitecap Dakota Reserve, SWITCH programs, STC SHARP, SCYAP.
- We participated in a variety of displays / resource fairs: YXE Saskatoon, Resolve conference, Bishop Mahoney High School, U of S SAAW.
- Provided sessions to community youth program participants: Big Brothers/Big Sisters, YWCA Margaret's Place, and Girl Guides.
- We are active participants in the United Way Speakers Bureau.

> *"It was valuable to learn how to respond to someone who has been sexually assaulted. I feel better informed now. I really appreciated the real-life cases you shared, and I am happy that you provided all these resources."*
>
> *- Participant, Victim Services staff training*

"I thought that is was really good to know that there is somewhere to turn if something were to happen. Knowing about the crisis line and Centre was most useful. I liked that Heather was very open and helped sort of end the stigma around sexual assault, and she talked about more than just rape."

- Grade 12 student

RESOURCES DISTRIBUTED We not only share resources with each presentation that we conduct, but also receive frequent requests for our resources from a variety of programs and services throughout the city and province. SSAIC distributed approximately 7,175 educational materials this fiscal year. In addition, we provide some links to online resources for specific presentations.

MEDIA the Public Education Coordinator is primarily responsible for media presentations and response. SSAIC enjoys positive relationships with our local media and takes every opportunity to address the issue of sexual violence through this resource. We believe this has continued to bring more visibility to SSAIC as a trusting and credible service.

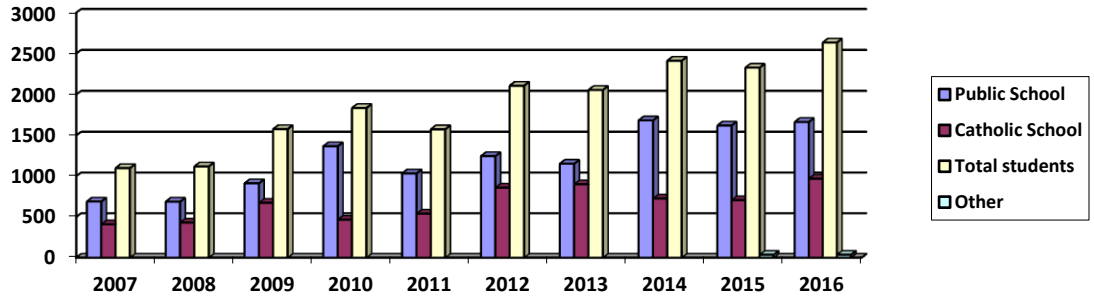
This year, we had 10 media contacts (TV, radio and newspaper), presenting information about SSAIC events, programs and activities, promotion of volunteer training for the 24-hour Crisis Line, and fundraising events. Again this year we addressed the sexual assault trial of Jian Ghomeshi, responded to questions about why survivors don't come forward /report sexual assault, how high-profile cases impact survivors, and were interviewed about male sexual assault and reporting, in promotion of our conference with Dr. David Lisak.

"I'M THE BOSS OF ME" CHILD SEXUAL ABUSE PREVENTION PROGRAM completed its 10th season, and the program offered 107 presentations in both Public and Catholic school division classrooms, reaching 2,671 grade four students. (We completed 94 shows in this fiscal year, and the program extended into April of 2016 to complete the season). "I'm the Boss of Me" grew slightly this year, both in terms of number of classroom presentations (11%), and number of students who participated (13%). "I'm the Boss" involved 51 puppeteers that came from colleges of Education, Nursing, Social Work and Arts and Sciences: **"I'm the Boss of Me"** Program would not be possible without these participants. This program provides excellent training / career development.

"I've had the pleasure of being involved with "I'm the Boss of Me" for the past two seasons. It has given me appropriate and accessible vocabulary. I have not only had a lot of fun interacting with the puppets and other puppeteers, but have contributed to an important learning opportunity for young students. Furthermore, as a nurse, to be gaining knowledge of how to talk to children about various types of abuse has been an invaluable experience for me."

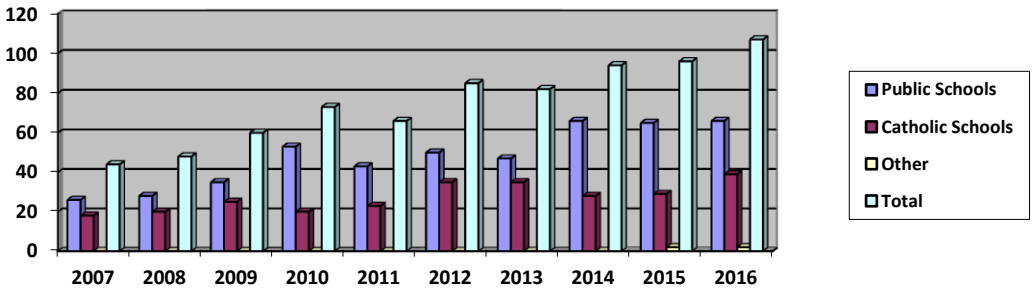
- Puppeteer

Number of Children who participated in "I'm the Boss of Me"



2007 – Public schools – 690, Catholic schools – 410: total 1,100 children
2008 – Public schools – 688, Catholic schools – 432: total 1,120 children
2009 – Public schools – 913, Catholic schools – 674: total 1,578 children
2010 – Public schools – 1,368, Catholic schools – 468: total 1,836 children
2011 – Public schools – 1,035, Catholic schools – 541: total 1,576 children
2012 – Public schools – 1,247, Catholic schools – 861: total 2,108 children
2013 – Public schools – 1,150, Catholic schools – 902: total 2,052 children
2014 – Public schools – 1,685, Catholic schools – 728: total 2,413 children
2015 – Public schools – 1,622, Catholic schools – 707, other – 38 Total 2,367 children
2016 – Public schools – 1,655, Catholic schools – 970, other – 36 **Total 2,671 children**

Number of "I'm the Boss of Me" Shows Presented



2007 – Public Schools – 26, Catholic Schools – 18: Total of 44 shows
2008 – Public Schools – 28, Catholic Schools – 20: Total of 48 shows
2009 – Public Schools – 35, Catholic Schools – 25: Total of 60 shows
2010 – Public Schools – 53, Catholic Schools –20: Total of 73 shows
2011 – Public Schools – 43, Catholic Schools – 23: Total of 66 shows
2012 – Public Schools – 50, Catholic Schools – 35: Total of 85 shows
2013 – Public Schools – 47, Catholic Schools – 35: Total of 82 shows
2014 – Public Schools – 66, Catholic Schools – 28: Total of 94 shows
2015 – Public Schools – 65, Catholic schools – 29, other - 2; Total of 96 shows
2016 – Public Schools – 66, Catholic schools – 39, other – 2; **Total of 107 shows**

Submitted by Heather Pocock
Public Education Coordinator

CLIENT INFORMATION AND STATISTICS

CLIENT NUMBERS

1. **New Clients**

We had 609 new clients contact us for services this year. These numbers represents **a 16% increase in the number of new clients** from our 2014-2015 fiscal year.

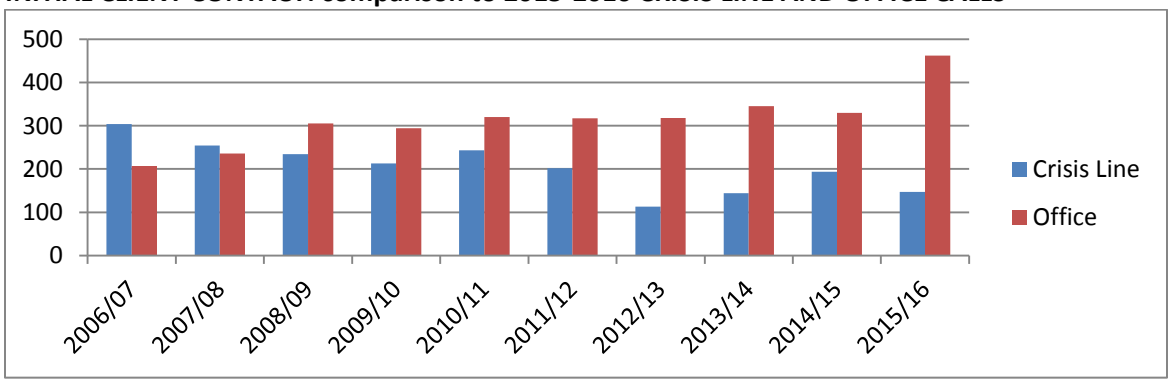
2. **Follow-up contacts:**

There were **1887 follow-up service contacts** provided to clients. Follow up services include crisis line calls from individuals who have contacted our office/crisis line previously, attend individual counselling sessions, or attend a group counselling program. The contacts are recorded as units of service, not as individual clients with each contact time counted separately. We had 1485 follow up contacts for service last year. This represents a **27% increased demand for follow-up services** from last year. Clients are staying with us for more follow up services than they have in the past.

Counselling – (Adult Survivors)	525
Counselling – Other	796
Accessed Crisis Line	105
Group support contacts	458
Group – other	3
Total follow up contacts	1,887

HOW CLIENTS CONTACT US

INITIAL CLIENT CONTACT: comparison to 2015-2016 CRISIS LINE AND OFFICE CALLS



The way clients contact are office over the past five years has changed. Whereas the majority of client's first contact used to be through the crisis line, the majority now call our office during office hours for their first contact. The number of initial client calls to our Crisis Line has been generally decreasing over the last 9 years.

In response to this change we have revised our office process and to ensure that we have a counsellor available to manage intake calls and walk-in clients during our office hours.

PRIMARY vs SECONDARY CLIENTS

SSAIC attended 485 primary survivors and 124 secondary survivors of sexual violence, totaling **609 new clients this year.** Primary survivors are those against whom a criminal act of sexual assault was perpetrated. Secondary survivors are individuals who are close to the victims, who support the survivor in dealing with the sexual assault. They can be mothers, fathers, husbands and wives, boyfriends and girlfriends, partners, brothers and sisters, relatives and friends.

CULTURAL IDENTITY

Of the 609 new clients we saw this year:

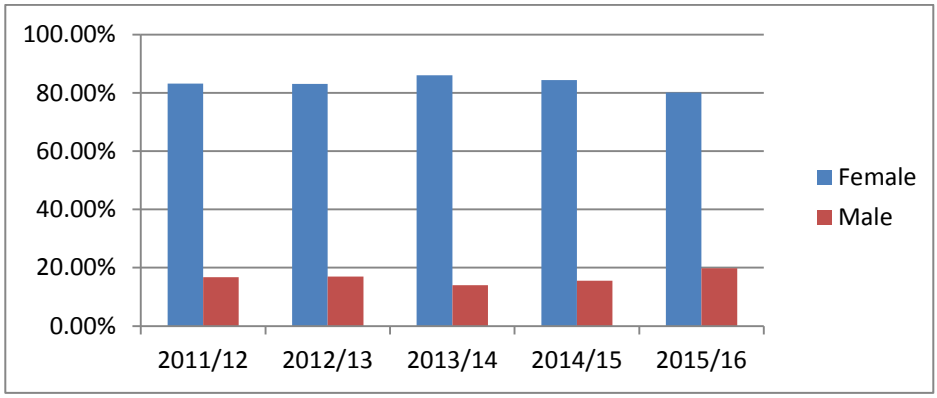
- 186 (30.5%) declared being Caucasian/other
- 128 (21%) declared themselves as of Aboriginal /Metis descent
- 22 (3.6%) as Immigrants / Refugees

There was no data about the cultural background of 273 (44.8%) clients.

Note: Data collection through the crisis line is limited, and continues to be scarce with regard to specific information such as cultural identity.

CLIENT BY GENDER: (Annual Comparison 2011-12 to 2015-16)

With regard to gender of clients, 80.1% (488) were females and 19.9% (121) were males. Sexual assault affects everyone, women, men, girls, and boys. Sexual assault is and remains primarily a gender issue with women and girls remaining most at risk of being victimized.



AGE OF PRIMARY CLIENTS

*Children under 12:	25	5.2%
Youth under 18:	53	10.9%
Adult 18 and over:	407	83.9%
Total of known	**485**	**100.0%**

** We have changed our services limitations and we no longer see children under 12 years of age for counselling but refer them to other client services.*

TYPES OF ASSAULT AFFECTING ALL CLIENTS (NEW AND EXISTING)

One common misconception about our service is that we serve only those who have recently been sexually assaulted. The reality is that many people do not reach out for help immediately following a sexual assault. Most survivors who are not visibly physically injured, tell no one. Many survivors don't seek out support services until the impacts of the assault are impairing their physical or mental health or preventing them from continuing to go to work or school. This may not be until weeks, months or years after the assault occurred.

The majority of our clients who give us information about their assault are adult survivors of an ***assault or repeated assaults that happened to them when they were children.*** They have decided to take the brave step to reach out for help. Some may have decided that the survival and coping strategies they have been using to cope with the abuse are not working or are no longer healthy for them. Some have buried their memories and can no longer do so.

The chart below provides a breakdown of types of assaults experienced by those clients who disclosed this information to us in 2015-2016.

Adult Sexual Assault (past and recent):	176	28.9%
Adult Survivor of Childhood Sexual Abuse:	212	34.8%
Child Sexual Abuse:	66	10.8%
Incest:	8	1.3%
Sexual Harassment:	12	2.0%
Domestic Violence:	9	1.5%
Other: (sexual acting, sexual exploration, etc.):	126	20.7%
Total	**609**	**100.0%**

DATA ON PERPETRATORS: RELATIONSHIP OF OFFENDERS to VICTIMS/SURVIRORS

SSAIC collected information provided by survivors re perpetrators of sexualized violence. Of 485 primary victims, 344 (70.9%) provided information about the offender. The table below shows the relationship rate between offender and victims. Individuals are usually sexually assaulted by someone they know. Our data shows that only 5% of the survivors we work with are sexually assaulted by a stranger.

Relationship of Offenders to Victims/Survivors, 2015-2016

Relative / family members	78	16.1%
Acquaintance	86	17.7%
Parent	40	8.2%
Family friend	19	3.9%
Date	4	.8%
Ex-relationship	18	3.7%
Stranger	24	5.0%
Partner/Spouse	21	4.3%
Person of Trust /Other	44	9.1%
Functional Parent	10	2.1%
Unknown	141	29.1%
	485	**100.0%**

We have been monitoring the relationships between Offenders and Victims/Survivors for several years, and there has been little change over time.

SSAIC 2015-2016 Volunteers

We extend a special thank you to our valuable volunteers who assist us daily in meeting the goals of this agency. We would not be able to provide our program and services without them.

Crisis Line Volunteers

Adrienne Herman
Alana Nelson
Alana Rabby
April Dekpoh
Ashley Keck
Aurora Bors
Bethany Cleghorn
Brittany Yaganiski
Danielle LaBrash
David Kreiser
Deborah Clark
Dorianne Geske
Eve Keller
Felicia Chen
Geanne Krawchuk
Gisele Plamondo
Harley Libke
Jacinda Scott
Jean Goerzen
Jennifer Gulka
Jessica Hurtubise
John Boersma
Jordan Hartshorn
Kari Duerksen
Kendra Zolkavich
Kerry Klassen
Lacie Munholland
Lindsay Brittian
Lindsey Gibbings
Lyndsey Labuik
Marcie Cole
Marie Albus
Mariel Marciniak
Mary Friesen
Megan Evans
Meghan Johnston
Monique Koskie
Natasha Salaash
Nicole Hoffos
Paulina Chatlain
Robyn Peter
Samantha Hopfner
Samantha Riopka
Sarah Nickel
Serena Liu
Shiza Basit
Stefanie Long
Tanner Gattinger
Tessa Martens
Tessa Priel
Thyla Mula

"I'm the Boss of Me" Child Sexual Abuse Prevention Program Puppetry Volunteers

Amanda Brophy
Bethan Weeding
Billy-Lee McIntyre
Brette Langman
Brittany Anderson
Brittany Erickson
Brooklyn Eakins
Cassie Van Camp
Denae Pellerin
Echo Fettes
Emily Hammer
Emily Sarauer
Gillian Michalishen
Hannah Koetting
Hillary Garnett
Jane Galbreath
Jasmyn Opikokew
Jay Vachon
Jen Gulka
Jenna Engelbrecht
Jessica Bauer-McLure
Jessica Zagrodney
Jille Magnus
Joel Parchomchuk
Jordan White
Kailee Weber
Katie Besharah
Kalyna Kryworuchko
Kassidy MacPherson
Kayla Tomporowski
Kennedy Cooke
Mara Doepker
Maria Olenick
Marie Albus
Mariel Marciniak
Megan Mapes
Megan Shpyth
Michelle McAllister
Nadia Mori
Robyn Peter
Sasha Merasty
Shalla Sharma
Shauna Joyce-Mock
Simi Sangha
Sloan Zhang
Stacey Sader
Taelor Bayda
Ulyana Fuchylo
Yulissa Campos
Yuzi Yang
Zane Arnott

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