

**Anyone** can be a victim of sexual abuse or assault.

**Everyone** in our community is affected by sexual violence.

- 1 in 4 females will be sexually assaulted before age 18
- 1 in 6 males will be sexually assaulted before age 18
- 1 in 10 sexual assaults are reported to the police, suggesting that the issue of sexual violence is bigger than we think
- 75-80% of sexual assaults against women were committed by someone known to the victim

Statistics Canada. Measuring Violence Against Women: Statistical Trends, Marie Sinha. February 2013.

### How Can You Help?

- Make a tax-deductible charitable donation
- Attend our annual *Luncheon en Vogue* fundraiser
- Train to become an “I’m the Boss of Me” puppeteer
- Become a board member

**Visit our website for more information.**

## Contact Information

### Visit us in person:

506 25<sup>th</sup> Street East, Suite 201  
Saskatoon, SK S7K 4A7

The SSAIC office is located on the 2nd floor of the Saskatoon Community Service Village (Attached to the YWCA)

### Monday – Friday

9am to 5pm

(Closed for lunch from 12pm to 1pm)

### Call our office:

(306) 244-2294

### Send us an email:

[ssaic@sasktel.net](mailto:ssaic@sasktel.net)

### Visit us on the web:

[ssaic.ca](http://ssaic.ca)

Thank you to our funding partners:

Funded by:



**United Way**  
Saskatoon & Area



Government  
of  
Saskatchewan  
Ministry of Justice

# SSAIC

Saskatoon Sexual Assault  
& Information Centre



## Programs & Services

24-Hour Crisis Line: (306) 244-2224

[ssaic.ca](http://ssaic.ca)

## Who Does SSAIC Help?

- **Anyone 12 years of age and older who has been sexually abused or assaulted**, regardless of whether this occurred in childhood, last night, or many years ago.
- **Parents** of children who have been sexually abused.
- **Individuals who have been impacted** by the sexual abuse/assault of family, friends, and loved ones.

We offer external referrals for children and youth *under* 12 years of age.

We *cannot* serve you if you have been a perpetrator of sexual abuse or assault; please call the office for a referral.

## What Is Sexual Abuse/Assault?

- Sexual violence, also called sexual abuse or sexual assault, is the **forced participation in any type of sexual activity**.
- It can range from unwanted kissing or touching to forced sexual intercourse.
- Sexual abuse/assault **can happen to anyone**, regardless of gender, age, race, religion, romantic orientation, education level, or financial status.
- Sexual assault is usually committed by someone the survivor knows and trusts—a partner, friend, or acquaintance.

**Remember: as with any other crime, a survivor of sexual violence is not to blame. It is never acceptable or justifiable to force or threaten someone into any sexual act, regardless of the circumstances.**

## Counselling & Support Services Offered by SSAIC *free of charge*

We offer a welcoming and safe environment to survivors of sexual violence regardless of race, gender, religion, or romantic orientation.

## Individual & Group Counselling

We offer **crisis and short-term counselling to female and male survivors** of *past or recent* sexual abuse/assault, and to those who have been impacted by the abuse of others.

**Group counselling** for survivors is also available.

Appointments are preferred, but walk-in clients are accepted. We have client in-take available during business hours for walk-in appointments.

## 24-Hour Crisis Line

We provide information, referrals, and support to anyone dealing with issues related to sexual assault, child sexual abuse, and memories of childhood sexual abuse.

## Survivor Assistance

At any point, you can call us about your options. What happened is not your fault, and we can answer any questions you might have, in addition to:

- Client support making police reports
- Information regarding the legal process and/or assistance with, preparation for, or accompaniment to court

## Child Sexual Abuse Prevention

**“I’m the Boss of Me”** is an engaging **puppet show** designed for **Grade 4 classrooms**, educating children so that they understand what sexual abuse is and how to tell someone if it’s happening to them.

Lesson plans are provided to teachers through this program.

## Public Education & Training

We provide **professional training for those who work with survivors** of sexual abuse/assault.

Check out our First Responder to Sexual Assault training availability on our website; an intensive 2-day course perfect for professionals who work with survivors of sexual violence and harassment.

**Visit our website for more resources and information.**