

Counselling & Support Services Offered by SSAIC

free of charge

We offer a welcoming and safe environment to survivors of sexual violence regardless of race, gender, religion, or romantic orientation.

Individual & Group Counselling

We offer **crisis and short-term counselling to female and male survivors** of *past or recent* sexual abuse/assault, and to those who have been impacted by the abuse of others.

Group counselling for survivors is also available.

Appointments are preferred, but walk-in clients are accepted. We have client in-take available during business hours for walk-in appointments.

24-Hour Crisis Line

We provide information, referrals, and support to anyone dealing with issues related to sexual assault, child sexual abuse, and memories of childhood sexual abuse.

Contact Information

Visit us in person:

506 25th Street East, Suite 201
Saskatoon, SK S7K 4A7

The SSAIC office is located on the 2nd floor of the Saskatoon Community Service Village (Attached to the YWCA)

Monday – Friday

9am to 5pm

(Closed for lunch from 12pm to 1pm)

Call our office: (306) 244-2294

Send us an email: ssaic@sasktel.net

Visit us on the web: ssaic.ca

Thank you to our funding partners:

Funded by:



United Way
Saskatoon & Area



**Government
of
Saskatchewan**
Ministry of Justice

Don't see what you need here?

211 Saskatchewan is a free, confidential referral and information system for community and social services across the province.

Dial 211 to connect.

SSAIC

Saskatoon Sexual Assault
& Information Centre



Resource Guide for Survivors of Sexual Assault

24-Hour Crisis Line: (306) 244-2224

ssaic.ca

Crisis Lines

If you are in immediate danger or not in a safe place, please call 911.

Saskatoon Sexual Assault Centre Crisis Line

(306) 244-2224

- 24-hour phone service

Crisis Intervention Services

(306) 933-6200

- 24-hour emergency phone service, mobile response, and after-hours child protection services

Kids Help Phone

1 (800) 668-6868

- 24-hour phone service

Residential School Support Line

1 (866) 925-4419

Medical Resources

Even if you are not physically requiring medical attention please consider going to the emergency room, a doctor, or a clinic for testing for sexually transmitted infections, Hepatitis B, and emergency contraception.

If you go to an emergency room within 72 hours of the assault, you will be offered a forensic examination to collect physical evidence of the assault that can be used in prosecuting the offender.

If you choose to have the forensic examination, the police will be called to the hospital to collect and store the evidence collected from your forensic examination.

Hospital Services

Hospital hours for sexual assault cases are included below:

City Hospital Emergency – (306) 655-8230

(Sexual assault cases: 9am-7pm)

Royal University Hospital – (306) 655-1362

(Sexual assault cases: 7pm-9am)

Pediatric Emergency (RUH) – (306) 655-6900

(Sexual abuse/assault cases, 24 hours/day)

* If you request a forensic examination at the hospital, a police officer will be called to collect and store the evidence and take a brief statement about what happened to you.

Clinics

Sexual Health Clinic – (306) 655-4642

(Free STI screening/treatment and emergency contraception)

Saskatoon Community Clinic – (306) 652-0300

Westside Community Clinic – (306) 644-4310

Sexual Health Centre – (306) 244-7989

(Pregnancy options, advice, free STI screening, and referrals to other services)

Pharmacies

You can obtain emergency contraception at pharmacies by speaking directly with the pharmacist. Emergency contraception is used to prevent pregnancy after a sexual assault. It does not protect against sexually transmitted infections (STIs). Use emergency contraception within 72 hours. **The sooner emergency contraception is taken, the better the chances are of preventing pregnancy.**

Police

Reporting a sexual assault is completely up to you. SSAIC counsellors support clients throughout the police reporting/court process.

Saskatoon Police Service – (306) 975-8300

RCMP Detachment – (306) 975-5173

Crisis Shelters

If you are not safe and need a place to stay, there are agencies that can help.

Women's Shelters:

YWCA Emergency Shelter – (306) 244-2844

Interval House – (306) 244-0185

Mumford House – (306) 242-6833

Children's Shelter:

Crisis Nursery – (306) 242-2433

Men/Women's Shelters:

Salvation Army – (306) 242-6833

- 24-hour service

Men's Shelter:

Salvation Army Men's Hotel – (306) 244-6280

Counselling & Support Services

Saskatoon Sexual Assault Centre (SSAIC)

(306) 244-2294

Adult Mental Health

(306) 655-8877

OUT Saskatoon

(306) 655-1224

- Services for the LGBTQ2+ community