SSAIC

SASKATOON SEXUAL ASSAULT & INFORMATION CENTRE

2019-2020

Report on our Year

SSAIC

Saskatoon Sexual Assault
& Information Centre

"Working with Survivors of Past and Recent Sexual Violence"

MISSION

SSAIC exists to be the primary provider of community leadership in addressing sexualized violence. We provide counselling and survivor services to survivors of sexualized violence and education and prevention services to the Saskatoon community.

VISION

SSAIC aspires to be part of a community in which individuals impacted by sexualized violence are believed and offered services to assist their healing, perpetrators of sexualized violence are held accountable for their actions, and future victims are protected.

Together, we can mobilize to share responsibility for addressing sexualized violence to ensure that coordinated and evidence-based services related to sexualized violence are fully resourced.

2019-2020
FUNDERS & DONORS

We would like to thank the Ministry of Justice, Saskatchewan who provide us with the bulk of our funding through the Interpersonal Violence and Abuse Program and Specialized Program, Victim Services, as well as those in the community who have supported our work through grants and corporate sponsorships. We are very fortunate to be supported through grants this year from:

- United Way of Saskatoon & Area
- Saskatoon Collaborative Funders Partnership between the City of Saskatoon and the United Way of Saskatoon
- The Community Initiatives Fund (CIF)
- Victims and Survivors of Crime Week Grant, Department of Justice, Government of Canada
- The Department of Women and Gender Equity Canada (WAGE) formerly Status of Women Canada
- The Saskatoon Public School Division and Greater Saskatoon Catholic School Division

We received generous donations from:

- The Kinsmen Club of Saskatoon
- Soroptimist International of Saskatoon
- Raymond James LTD.

Thank you to our loyal donors who give to us year after year as well as those new to us this year who were moved to support us in our work.

Government of Saskatchewan
Ministry of Justice

SOROPTIMIST INTERNATIONAL

Est. 1926 KINSMEN CLUB OF SASKATOON

SIGA

GREATER SASKATOON CATHOLIC SCHOOLS

Community Initiatives Fund

United Way of Saskatoon & Area

Women and Gender Equality Canada
Femmes et Égalité des genres Canada

Saskatoon Public Schools
Inspiring Learning

RAYMOND JAMES

SASKOMUSIC

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SSAIC acknowledges that we operate on Treaty 6 Territory and the Homeland of the Métis. We pay our respects to the First Nations and Métis ancestors of this place, and recognize the harm done to Indigenous peoples through colonization, residential schools, and the Sixties Scoop. This legacy of intergenerational trauma is one of the reasons why our agency was created. We commit to working towards reconciliation, and reaffirm our relationship with one another.

SSAIC can't wait to go out of business!

At SSAIC, we hope for the day our services are no longer necessary. But until then, we are proud to contribute our skills & hearts to the cause.

We don't question the validity of a survivor's claims and we don't push for details. We respect each client's choices regarding involvement in the legal process, and their needs and wants set the counselling goals that we establish together. Our clients are eternally courageous, and healing is absolutely possible.

SSAIC offers a continuum of specialized services including:

- Counselling, crisis response, and services to survivors of sexualized violence in order to support their healing (some service limitations do apply),
- Sexualized violence education and services to raise awareness, reduce stigmatization, and influence social and systemic change.
- Collaboration with other professionals, support and service providers, community groups, and members of the general public who are working to improve services for survivors of sexualized violence.

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SEXUALIZED VIOLENCE is an umbrella term for the following:

SEXUAL ABUSE

Ongoing, patterned sexualized behaviour against anyone by someone in a (perceived or real) position of power or authority, or any sexual misconduct that is committed against a child, adolescent, or vulnerable adult by someone in a position of power or perceived authority; often coupled with grooming behaviours

SEXUAL ASSAULT

Any unwanted sexual act or behaviour that is threatening, violent, forced, or coercive, and where consent was not obtained or maintained; encompasses many sexually inappropriate acts, including but not limited to coerced sexual activity, non-consensual kissing or touch, and rape.

SEXUAL HARASSMENT

Any unwarranted sexual conduct that interferes with a person's rights, as per the Saskatchewan Human Rights Code; can be verbal, physical, or visual; it can occur as a single incident or a series of incidents; it is unsolicited and unwelcomed behaviour, which can take place in many forms and can lead to more severe acts over time:

THIS YEAR, SSAIC...

- Provided support services to 775 survivors of sexualized violence and their loved ones,
- welcomed 482 new counselling clients into our agency, and
- Answered 174 crisis line calls from recent and past survivors.

- Facilitated 42 groups, including survivor therapy group and trauma-informed yoga;
- Delivered 130+ hours of public education presentations and professional development trainings, and;
- Presented our child sexual abuse prevention program to nearly 2,500 grade 4 children in Saskatoon.

- Had 30,000+ unique visitors to our website and reached over 150,000 unique users through our Facebook posts
- Conducted a research study to identify the barriers to accessing services for three specific client populations, and
- Strengthened our relationships with our fellow community service providers.

OUR SERVICES

SSAIC is first and foremost a counselling agency for survivors of sexualized violence. We offer individual counselling as well as group programming for all survivors aged 12 and up. In addition, we offer a variety of public education opportunities for children, professionals, and community members. For the safety of our clients, we do not serve perpetrators of sexualized violence.

Our individual counselling services are available to survivors, their loved ones, and any folks that have been impacted by sexualized violence in their lives. Our counsellors use a client-focused, strengths-based approach, letting the client set the pace for their sessions. The diversity of our counselling team ensures that everyone should find a counsellor that fits them.

We were able to offer four types of group programming this year: Open (drop-in), Women's, Men's, and Trauma-Informed Yoga. Two of our counsellors facilitate each group, and often find that the clients truly guide each group session to new heights and create a sense of safety and belonging. This organic feeling makes group such a special modality of counselling.

OUR SERVICES

Our 24-hour sexual assault crisis line is where our agency began in 1975, and continues to be a pillar in our service to survivors of sexualized violence. Our crisis line is availabe 365 days a year, and is always staffed by a trained professional either from SSAIC or from Saskatoon Crisis Intervention Services.

This year, we presented our 14th season of our child sexual abuse prevention program, "I'm the Boss of Me." This puppet show/lesson plan program teaches Grade 4 students in Saskatoon what sexual abuse is, that they are the bosses of their bodies, and how to seek out help when needed. Complete with an opportunity to play with the puppets, this program is a consistent crowd-pleaser for children.

For our adult learners, we offer "First Responder to Sexual Assault Training," a program designed to equip community service providers with the skills to assist a recent sexual assault survivor. This two-day interactive training is facilitated by two SSAIC staff and offered 4-5 times annually. Participants learn what to say, what NOT to say, and how to be the best support person possible.

OUR TEAM

Staff Members

Faye Davis	Executive Director
Irene Hildebrant	Office Manager
Kat Jones	Office Manager
Debbie Gsell-Danilkewich	Receptionist & Assistant Coordinator, "I'm the Boss of Me"
Megan Sawyer	Client Services Director
Kathie Pruden Nansel	Counsellor
Stephanie Locke	Counsellor
Sarah Pedersen	Counsellor
Morgan Price	Counsellor / Education & Outreach Coordinator

"I'm the Boss of Me" Volunteers

Angela Barden
Ashley Voinorosky
Jen Lake
Jenny Besenski
Kenzy Horudko
Micaiah Wiens
Samantha den Hollander
Ali Jansen
Amber Wolff
Ameila Fries
Brenna Vanstone
Brittany Eberle
Brynn Colby
Carla Nagy
Cing Zun
Darcey Noga
Diana Rodas
Eiman Abbas
Eliza Petty
Hannah Pedersen
Ishita Zaman

OUR TEAM

Board Members

Ev Burnett	Co-Chair
Carrie Roblin	Co-Chair
Shirley Kloeble	Treasurer
Jodi Earl	Chair, Recruiting Committee
Sandra Paulsen	Chair, Fundrasing Committee

Candace Guist	Chair, Human Resources Committee
Meghan Seidle	General Member
Renee Breckner	General Member
Shauna Bradford-Wilson	General Member
Elise Matthews	General Member

"I'm the Boss of Me" Volunteers

Jason Rock
Kasia Thorlakson
Khadija Morody
Lisa Poon
Mackenzie Loewen
Madi Kuhn
Margaret Smith

Meagan Dagenais
Megan McCarthy
Nikaela Lange
Shania Brown
Stephanie Neufeld

Taryn Domanko
Taylor Kyle
Taylor Wingert
Teall Bye
Tera Mantyka
Trixie Denise Wills
Vivian Kelly

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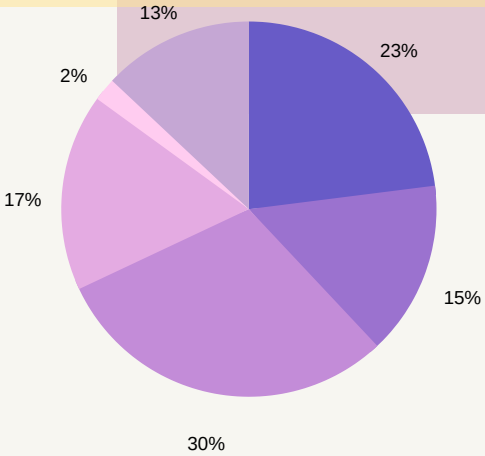
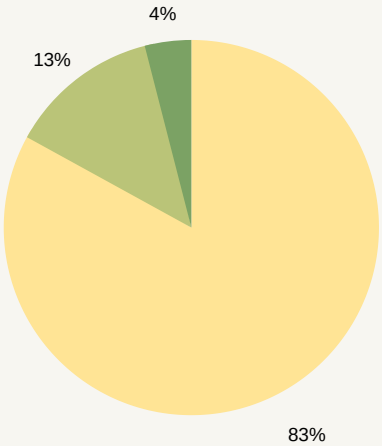
OUR CLIENTS



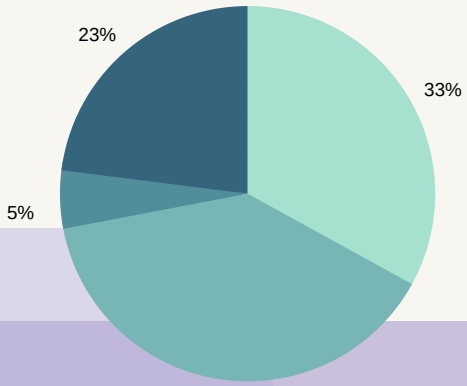
Types of Sexualized Violence

Recent Sexual Assault - 23%
Past Adult Sexual Assault - 15%
Adult Survivor of Child Sexual Abuse - 30%
Child Sexual Abuse / Assault - 17%
Sexual Harassment - 2%
Secondary Survivor (parent / guardian / partner) - 13%



Gender of Clients

Female - 83%
Male - 13%
Non-Binary / Trans - 4%



Cultural Status of Clients

Indigenous - 33%
Caucasian - 39%
Immigrant - 5%
Unknown - 23%

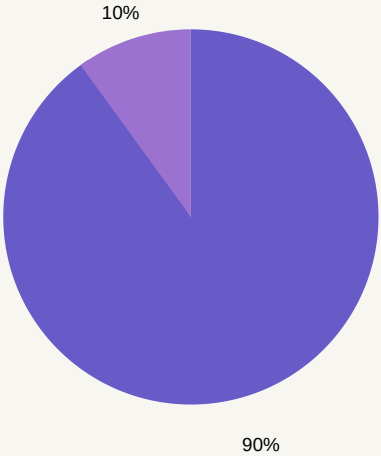
PERPETRATOR DATA

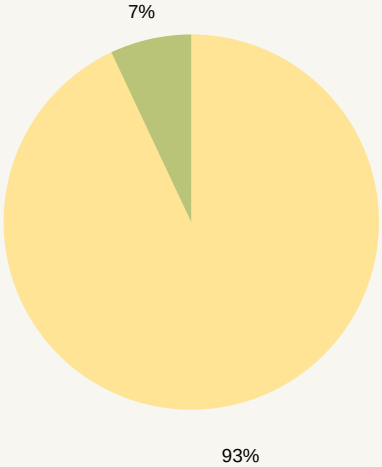
Myth: Most people are sexually assaulted by a stranger.

Relationship to Survivor

Known to Survivor - 90%

Unknown to Survivor - 10%





Gender of Perpetrator

Male - 93%

Female - 7%

Fact: Most people are sexually assaulted, abused, or harassed by someone they know.

WAYS TO SUPPORT US

Read more about each of our ways to give on our website!

#1: Support our Fundraising Events

SSAIC hosts several fundraising events throughout the year, like our Online 50/50 and Giving Tuesday Campaign. Attend, donate, and spread the word about these events.

ssaic.ca/events

#2: Donate to SSAIC

As a nonprofit organization, SSAIC relies on loyal donors in the community that believe in our work. All donations are greatly appreciated. Please consider becoming a one-time or recurring donor to continue showing SSAIC your support.

ssaic.ca/give

#3: Become an Ally to Survivors

Do you consider yourself an ally to survivors? Attend our educational webinars and other learning opportunities to find out even more ways to become an ally.

ssaic.ca/ally

WAYS TO SUPPORT US

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#4: Shop our Merch

Represent SSAIC and support survivors at the same time! All proceeds from our merchandise go directly toward providing services to survivors of sexualized violence. Our online store is always changing, so make sure to check out our newly available merchandise.

ssaic.ca/shop

#5: Volunteer & Work with Us

SSAIC is a small but mighty team of full-time employees, part-time employees, and volunteers that may benefit from your skills! Check the "Ways to Give" page on our website for volunteer and career postings..

ssaic.ca/support-us

#6: Follow us on Social Media & Subscribe to our Newsletter

Our socials and newsletter are the easiest way to stay up-to-date on all SSAIC news, education opportunities, and information on sexualized violence. Find us on Facebook and Instagram @SSAIC1 and subscribe to our newsletter on our website.

ssaic.ca/subscribe

SSAIC

Saskatoon Sexual Assault
& Information Centre

Suite 201 - 506 25th Street E
Saskatoon, Saskatchewan
S7K 4A7

MAIN OFFICE:	**(306) 244-2294**
24-HOUR CRISIS:	**(306) 244-2224**
FACSIMILE:	**(306) 244-6099**
EMAIL:	**info@ssaic.ca**
BOOKING:	**intake@ssaic.ca**

**re•sil•ience | \ ri-ˈzil-yən(t)s **

: the capacity to recover in the face of adversity or trauma

// shown by survivors who carry on day by day