SSAIC

SASKATOON
SEXUAL ASSAULT
& INFORMATION
CENTRE

2020-2021

REPORT
ON OUR YEAR

A snapshot of our work as a nonprofit during a global pandemic

**be•lieve | \ bə-ˈlēv **

: to accept as true, genuine or honest
// "I believe you"; the most impactful message a survivor can hear

**re•sil•ience | \ ri-ˈzil-yən(t)s **

: the capacity to recover in the face of adversity or trauma
// shown by survivors who carry on day by day

Non-consensual sex doesn't exist.

Sex without consent is sexual assault.

Shop our survivor-themed merchandise at **ssaic.ca/shop**

MISSION

SSAIC exists to be the primary provider of community leadership in addressing sexualized violence. We provide counselling and survivor service to survivors of sexualized violence and education and prevention services to the Saskatoon community.

VISION

SSAIC aspires to be part of a community in which individuals impacted by sexualized violence are believed and offered services to assist their healing, perpetrators of sexualized violence are held accountable for their actions, and future victims are protected. Together, we can mobilize to share responsibility for addressing sexualized violence to ensure that coordinated and evidence-based services related to sexualized violence are fully resourced.

A *Love* LETTER TO OUR DONORS...

To each and every person who donated money, bought our merchandise, shared our social media posts, attended a webinar, participated in our 50/50 online raffle, or otherwise donated your time to our shared cause - we extend our sincerest thanks to each and every one of you. By donating your time or money, you are furthering our message and allowing us to reach record numbers of survivors and supporters in our community, during one of the most challenging years in recent history. It is thanks to you that we are able to serve our community and keep our support services **100% free** of charge to survivors of sexualized violence and their loved ones.

Thanks to all of you, we received a total of **$37,915** in donations; an unprecedented amount for our little agency! We spent the latter half of this past fiscal planning ways to recognize YOU and help you stay connected to SSAIC, and this little booklet is one of those ways. Please flip through these pages knowing that your dollars have contributed to all of the incredible work enclosed, and stay tuned for new projects and programming coming down the pipeline.

With gratitude,

SSAIC Staff & Board of Directors

2020-2021
FUNDERS & DONORS

From the bottom of our hearts, we would like to thank all those in the community who have supported our work through grants and corporate sponsorships. We send our deepest gratitude to the following organizations, without whom our work would not be possible.

- Interpersonal Violence and Abuse Program and Specialized Program, Victim Services, Ministry of Justice, Government of Saskatchewan
- United Way of Saskatoon & Area
- Community Initiatives Fund
- Saskatoon Collaborative Funding Partnership, City of Saskatoon
- Victims and Survivors of Crime Week Grant, Department of Justice, Government of Canada
- Capacity Grant, Department of Women and Gender Equity Canada (WAGE), Government of Canada
- COVID-19 Emergency Funding Grant, Canadian Women's Foundation, Government of Canada
- The Saskatoon Public School Division
- Greater Saskatoon Catholic Schools

"Thank-you for the incredible work that you do every day. You are changing lives."
-Community Donor

United Way of Saskatoon & Area

Government of Saskatchewan
Ministry of Justice

Saskatoon Public Schools
Inspiring Learning

Community Initiatives Fund

Greater Saskatoon Catholic Schools

City of Saskatoon

Government of Canada / Gouvernement du Canada
Canada

Canadian Women's Foundation

SSAIC CAN'T WAIT TO GO OUT OF BUSINESS!

We hope for the day our services are no longer necessary. But until then, we are proud to contribute our skills and hearts to the cause. We don't question the validity of a survivor's claims and we don't push for details. We respect each client's choices regarding involvement in the legal process, and their needs and wants set the counselling goals that we establish together. Our clients are eternally courageous, and healing is absolutely possible.

SSAIC OFFERS A CONTINUUM OF SPECIALIZED SERVICES, INCLUDING:

- 100% free counselling, crisis response, and support services to survivors of sexualized violence and their loved ones in order to support their healing *(some service limitations do apply)*
- Sexualized violence education and resources to raise awareness, reduce stigmatization, and influence social and systemic change
- Collaboration with other professionals, support and service providers, community groups, and members of the general public who are working to improve services for survivors of sexualized violence

COVID-19 WAS NO TREAT, BUT IT DID HELP SSAIC INNOVATE IN SEVERAL WAYS:

COUNSELLING ADAPTATIONS

Our counselling team didn't miss a beat. During the initial lockdown, we moved quickly to support our clients from afar through **telephone support and virtual group services**. It was incredibly important to us to remain available to support our clients, who were nothing but gracious throughout all of the changes and restrictions.

EDUCATIONAL WEBINARS

In order to reach more community members virtually with a thirst to learn, we created **"Supporting Survivors of Sexualized Violence Training"** and launched our **Online Learning Workshop Series** through Zoom. These programs have now become static programming for SSAIC and allow us to reach more allies and survivors than ever before.

VIRTUAL PROGRAMMING

We were determined to continue our service delivery in each and every way. Our **Grade 4 puppet show** was adapted to a virtual performance, we introduced **Virtual Trauma-Informed Yoga** to our repertoire, and improved our online presence, putting a focus on the development of group videos and our **Survivor's Toolkit**.

THIS YEAR IN A SNAPSHOT

Despite the pandemic, our numbers of new and returning clients remained as high as ever:

- We provided crisis, counselling, and support services to **401** new clients as well as **199** continuing clients from previous years.
- Counsellors provided an additional **165** information calls and referrals.
- **Total: 765 people served**

We provided more service units to our clients this year than we did last year, despite not having group programming for the majority of the year:

- We provided 2,376 crisis supports and counselling sessions for a total of **2,924** contacts with survivors of and their support persons.
- 1,200 of those contacts were with adult survivors of childhood sexual abuse, making up **50.5%** of our counselling caseload.

Our commitment to consistency didn't stop there:

- About 1/3 of new clients we served this year self-identified as Indigenous, which is on par with most years.
- Our new Virtual Group Sessions and Grounding Videos were viewed a total of **548** times, and our 14 classes of Virtual Trauma-Informed Yoga reached 39 clients.
- During a temporary period of reduced-capacity in-person group programming, we delivered an 8-week Women's Group and a 7-week Teen Group.

Some of our COVID-19 adaptations have impacted the way we deliver our programming from now on:

- We virtually delivered our child sexual abuse prevention & education program **"I'm the Boss of Me"** to 70% of Saskatoon elementary schools.
- In 10 weeks, we were able to reach **2,885** Grade 4 students with our smallest team yet of 7 volunteers and 2 staff coordinators.
- Since its inception in 2007, **31,000** students have now received our program.

Our new Online Learning Workshop Series dramatically increased our public education outreach:

- We provided **30** presentations to **799** community members and professionals in Saskatoon (service users, university students, community organization staff, legal professionals); an additional **325** viewers accessed recordings of these webinars, allowing us to provide education about sexualized violence to a total of **1,124** people.

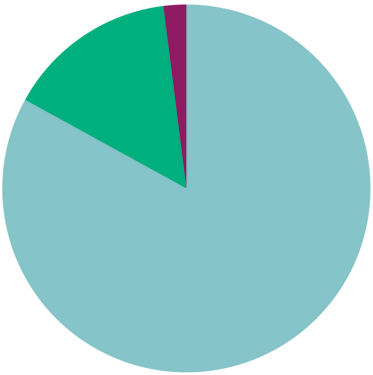
- Additionally, our newly developed **"Supporting Survivors of Sexualized Violence Training"** (SST) was presented to a total of 66 participants this year. SST helps anyone who may receive a disclosure of sexualized violence feel more confident in responding in a trauma-informed way.
- In total, over **339** hours of public education were delivered - **the most we've ever achieved in one year at SSAIC!**

OUR CLIENTS

"The SSAIC changed my life. It gave me the support I needed to heal and move forward. I feel like a stronger person because of it."
- Survivor of Adult Sexual Assault

TYPE OF SEXUALIZED VIOLENCE

- Recent Sexual Assault - 14%
- Past Adult Sexual Assault - 19%
- Adult Survivor of Childhood Sexual Abuse - 31%
- Child Sexual Abuse - 24%
- Sexual Harassment - 1%
- Secondary Survivor (Parent / Guardian / Partner) - 10%



GENDER OF SURVIVOR

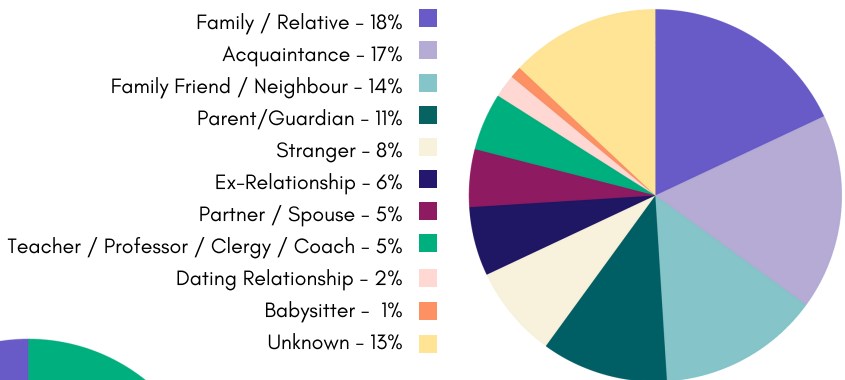
- Female - 83%
- Male - 15%
- Non-binary - 2%

"It brought me peace in a safe space. I felt comfortable enough to cry if I needed to. I'm more interested in yoga and want to continue it as it makes me feel more confident and in control of my body. I felt I belonged and was comfortable in the group and felt less alone." - Trauma-Informed Yoga Participant

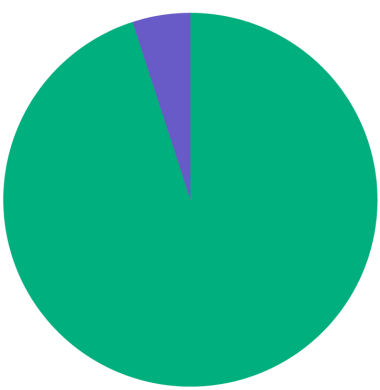
OFFENDER DATA

***Myth**: Most survivors of sexualized violence are attacked by a stranger in a dark alley.*

RELATIONSHIP TO SURVIVOR



GENDER OF OFFENDER



***Fact**: An overwhelming percentage of our clients (92%) were sexually assaulted or abused by someone they knew personally.*

Our Team

STAFF MEMBERS

Faye Davis	Executive Director
Katherine Jones	Office Manager
Debbie Gsell-Danilkewich	Office Manager
Megan Sawyer	Client Services Coordinator
Kathie Pruden Nansel	Counsellor
Stephanie Locke	Counsellor
Sarah Pedersen	Counsellor
Morgan Price	Education & Outreach Coordinator
Joelle Remezoff	Intake Counsellor
Jennifer Lake	Assistant Coordinator, "I'm the Boss of Me"
Irene Hildebrandt	HR Payroll Assistant (Term)

"I'M THE BOSS OF ME" & DESIGN VOLUNTEERS

Ashley Voinorosky
Jenny Besenski
Mackenzie Loewen
Kenzy Horudko
Brittany Eberle
Madison Prosofsky
Nikaela Lange
Wandie Velasquez
Sumer Stevenson
Cing Zun
Lisa Poon

BOARD MEMBERS

Ev Burnett	Co-Chair of Board & Governance Committee
Elise Matthews	Co-Chair of Board & Governance Committee
Shirley Kloeble	Treasurer & Chair of Finance Committee
Renee Breckner	Chair of Nominations Committee
Meghan Seidle	Chair of Human Resources Committee
Sandra Paulsen	Chair of Fundraising Committee
Linh Lê	Co-Chair of Indigenous Engagement Committee
Tamara Paulsen	Co-Chair of Indigenous Engagement Committee
Blair Weimer	General Member
Marcie Dupuis	General Member
James Repesse	General Member
Sarah Alford	General Member

WAYS TO SUPPORT US

DONATE TO SSAIC

As a nonprofit organization, SSAIC relies on loyal donors in the community that believe in our work. All donations are greatly appreciated; thank-you to each and every donor we've had this year! Please consider becoming a one-time or recurring donor to continue showing SSAIC your support. ***ssaic.ca/give***

CONNECT WITH US

Our socials and newsletter are the best way to stay up-to-date on all SSAIC news, education opportunities, and information on sexualized violence. Find us on Facebook and Instagram @SSAIC1 and be sure to subscribe to our monthly newsletter through our website. ***ssaic.ca/subscribe***

BECOME AN ALLY TO SURVIVORS

Are you trying to be the best ally possible, but looking for some direction? Check out our website, or attend our educational webinars and other learning opportunities to find out even more ways to become an ally. ***ssaic.ca/ally***

SHOP OUR MERCH

Represent SSAIC and support survivors at the same time! All proceeds from our merchandise go directly toward providing services to survivors of sexualized violence. Our online store is always changing, so check in often to make sure you don't miss out! ***ssaic.ca/shop***

WAYS TO SUPPORT US

VOLUNTEER & WORK WITH US

SSAIC is a small but mighty team of full-time employees, part-time employees, and volunteers that may benefit from your skills! Perhaps you're suited for our Board of Directors, or maybe would be a good fit for our "I'm the Boss of Me" child sexual abuse education & prevention program? Check the "Ways to Give" page on our website for volunteer and career postings.

ssaic.ca/support-us

ATTEND OR SUPPORT OUR EVENTS

SSAIC hosts several events throughout the year, like our 50/50 Online Raffle, Sexual Violence Awareness Week in May and Giving Tuesday in December. Attend, donate, and spread the word about these events. ***ssaic.ca/events***

DONATE WITH SARCAN

When you choose to recycle your bottles and cans with SARCAN at any location across Saskatchewan, you can donate those funds directly to SSAIC using the code "I believe you". Thanks for the support, SARCAN!

sarcan.ca

HOST A BIRTHDAY FUNDRAISER

If you feel passionate about raising funds for SSAIC, hosting an online birthday fundraiser through Facebook is a fantastic way to help guide your loved ones to us AND gift you on your special day! Simply create a new post, click "raise funds", and you're on your way.

SSAIC

Saskatoon Sexual Assault
& Information Centre

"Working with Survivors
of Past and Recent
Sexual Violence"

Suite 201-506 25th Street E
Saskatoon, SK
S7K 4A7
Main Office: (306) 244-2294

www.ssaic.ca

@SSAIC1

24-hour Crisis: (306) 244-2224
Facsimile: (306) 244-6099
Information: info@ssaic.ca
Booking: intake@ssaic.ca

SSAIC acknowledges that we operate on Treaty 6 Territory and the Homeland of the Métis.

We pay our respects to the First Nations and Métis ancestors of this place, and recognize the harm done to Indigenous peoples through colonization, Residential Schools, the Sixties Scoop, and neocolonialism.

This legacy of intergenerational trauma is one of the reasons why our agency was created.

We commit to working towards reconciliation, and reaffirm our relationship with one another.