SSAIC

Saskatoon Sexual Assault
& Information Centre

ANNUAL REPORT

APRIL 2022 - MARCH 2023

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Board of Directors

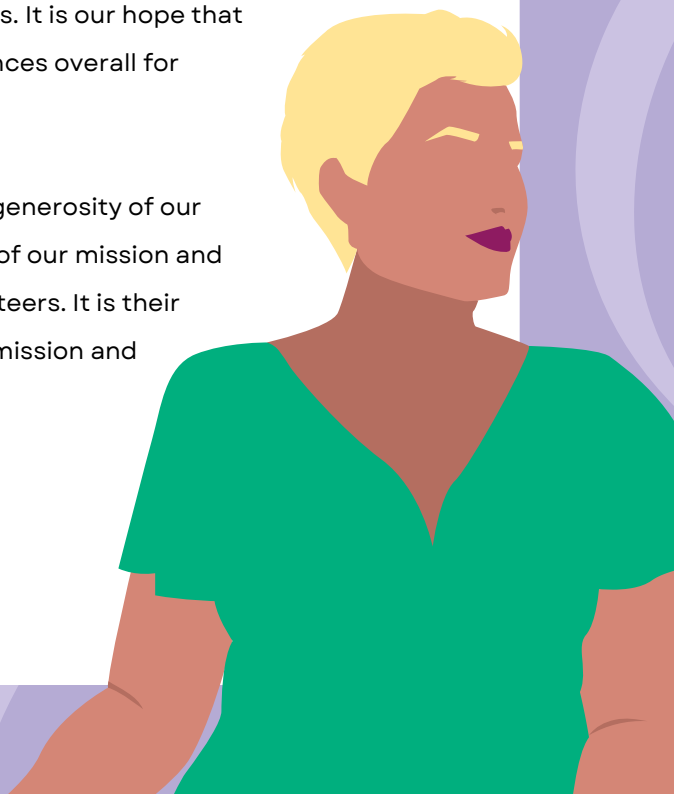
Shirley Kloeble and Linh Lê, Co-Chairs

This past year has been a year of change and growth for the SSAIC. As we emerged from COVID-19, we cautiously and safely transitioned back to in-person services and programs at the Centre. In June of 2022, we welcomed Reagan Conway as the new Executive Director. She has proven to be a passionate and capable leader as she guides us through many of the organization's current and new initiatives.

SSAIC continues to see growth in the number of schools and Grade 4 students receiving "I'm the Boss of Me" that teaches children about bodily autonomy and consent. In the Fall of 2022, the Centre launched "No is a Full Sentence", a program aimed to teach Grade 8 students about the root causes of sexualized violence and its impacts on survivors and communities at large. We are both proud and excited to be able to offer these programs to young people as part of our commitment to sexualized violence education and prevention.

Last but not least, we completed our first year of the Violence Against Women Advocate Case Review (VACR) with Saskatoon Police Services (SPS). In addition to recommendations on specific sexual assault cases, we were able to share trauma-informed resources with sexual assault investigators and develop a resource card to share with survivors. It is our hope that partnership with SPS on this program will lead to better experiences overall for survivors of sexualized violence in the justice system.

We, of course, cannot do any of the above without the ongoing generosity of our donors and funders. We thank you for your unwavering support of our mission and vision. Finally, the Board is indebted to the SSAIC staff and volunteers. It is their tireless commitment, dedication, and hard-work that bring our mission and vision to life.



Message from SSAIC

Reagan Conway, Executive Director

My first year as Executive Director of the Saskatoon Sexual Assault & Information Centre has come to a close, and it's been full of new learnings, new initiatives, and working to grow the amazing work that is taking place at the Centre.

While I reflect back on this past year, I think about where the Centre has been and where we are going. Our services continue to be needed and are more essential than ever, and our commitment to the work has only strengthened. We are committed to helping survivors heal with caring expertise. We are committed to our education programs and making sure all youth have access to appropriate sexualized violence information. We are committed to the the advocacy projects we have begun, chiefly the VACR project. We spent time deepening our commitment to Truth and Reconciliation, which includes identifying specific calls where SSAIC can be an agent of change in our community. We are grateful to the Truth and Reconciliation Commission and the Missing and Murdered Indigenous Women and Girls Inquiry for their work in developing frameworks to begin this work in a good way, and we will work hard to implement these calls into our systems in the upcoming years.

I want to take this opportunity to acknowledge and thank SSAIC staff for their hard work, passion, and contributions to the community. It has been an honour to work alongside you and your commitment to survivors. We cannot, and do not, do this work alone; I'd like to acknowledge the contribution of our volunteer Board of Directors for their leadership and care, as well as our funders, partners, individual & corporate donors, and our community partners for their continued support in helping SSAIC meet our vision.

We all know someone who has been impacted by sexualized violence. Please remember that we can all listen to, believe in, and support survivors in our community. I am looking forward to another productive year and many more to come.

Client Services Report

Megan Sawyer, Client Services Coordinator

829

Clients Served

421 new

338 ongoing

2,360 units

of service were delivered, including individual and group counselling, police and court accompaniments, crisis line calls and information and support calls. Clients include survivors as well as their loved ones or support persons such as parents, guardians, partners, other family members and friends.

51

Group Sessions

6 groups

48 clients

102 hours

of group programming delivered. Groups are 2 hours in length and cover topics including trauma and the nervous system, trust, shame, boundaries, triggers, grounding, anger, and self-compassion. Teen Group and Yoga sessions are 1.5 hours in length and taught by a counsellor and trauma-Informed Yoga instructor.

"The SSAIC changed my life. It gave me the support I needed to heal and move forward. I feel like a stronger person because of it."

All Social Media Insights

Instagram Insights

30,028
Reach

1,298
Followers

173
New Followers

263
Posts

Facebook Insights

51,165
Reach

2,551
Followers

159
New Page Likes

254
Posts

We launched on TikTok this year! Follow us @SSAIC1 on all platforms.

Education Milestones

Morgan Price, Education & Outreach Coordinator

317
HOURS

Public Education Overview

2022-23 was spent building out our established programs and growing our newest school-based education program with our small team of 3 educators and several invaluable volunteers.

"I'm the Boss of Me"

Our 17th season was our most successful to date, providing education to 4,166 Grade 4 students over ten weeks of programming (an increase of 610 students over last year).

154
SHOWS

854
STUDENTS

"No is a Full Sentence"

We have officially launched with gusto - 56 presentations to Grade 8 students in Saskatoon over eight weeks, to be exact.

"Supporting Survivors of Sexualized Violence Training"

The addition of this fiscal's seven training sessions (2 full-day and 5 half-day sessions) brings our total of "Supporting Survivors"-trained folks to 353 over three years.

128
PARTICIPANTS

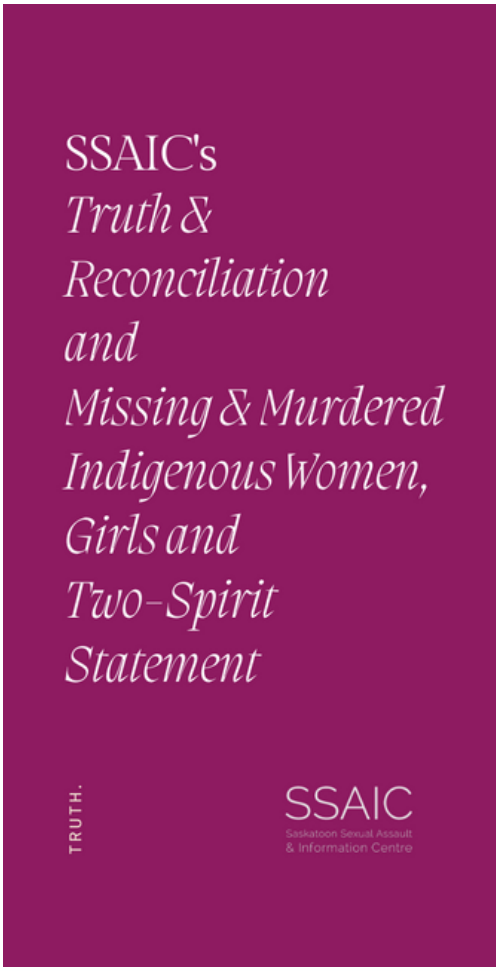
40
PRESENTATIONS

Online Learning Workshop Series

1,186 post-secondary students, mental health professionals, and general community members chose to learn about sexualized violence through our webinars this year!

Top Posts

@SSAIC1



Outreach & Fundraising

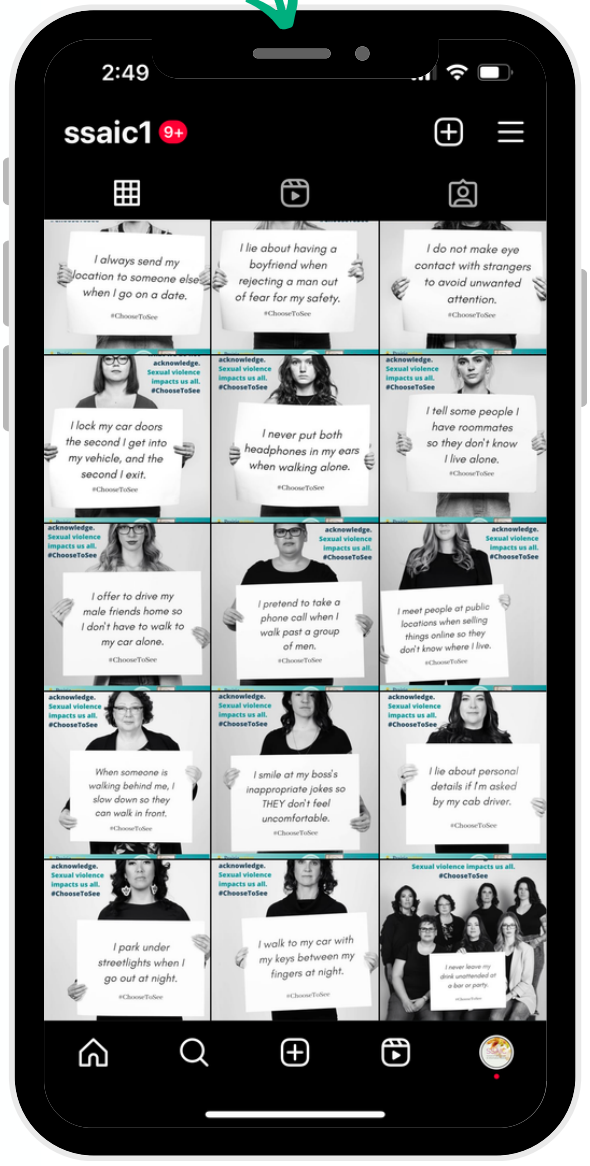
Morgan Price, Education & Outreach Coordinator

Sexualized Violence Awareness Week

On May 16, 2022, SSAIC released a powerful awareness campaign to mark the week, #ChooseToSee, challenging folks to consider the ways sexualized violence impacts people's lives, often in unspoken and unseen ways. Get a snapshot of the visuals from the campaign below!

Highlights:

- Attended information fairs at the University of Saskatchewan and First Nations University of Canada
- Learned from community partners BridgePoint, Canadian Mental Health Association, Saskatchewan Health Authority, and Ministry of Social Services
- Updated and redistributed 7,931 print resources in the community
- Took part in 20 hours of local events, including the YXE Fringe Festival, USSU Sexualized Violence Awareness Week, and the King of Kovbasa Challenge
- Raised $30,108.86 in donations from our incredible community members!



Acknowledgements

SSAIC bids farewell to a few key team members:

To Kathie Pruden Nansel, a long-time counsellor of SSAIC, the community has gained a valuable warrior. Thank-you for the countless hours and energy you've dedicated to SSAIC.

To Ashley Huysamen, your time with us was short, but you will be missed! We wish you all the best wherever your road may take you.

To Debbie Gsell-Danilkewich, where do we even start? You take with you 14 years with SSAIC full of countless staff, clients, programs, changes, and restructures. Thank-you for being constantly flexible and evolving as SSAIC did. You will be missed.

To Faye Davis, our faithful leader, we say good-bye and congratulations as you move into semi-retirement. You have led SSAIC through 7 years of incredible growth and navigated challenges with grace and skill. We wish for you all the R&R in retirement (knowing that you won't be able to stay away for long).

As always, thank-you to our small but mighty team of 14 volunteer facilitators; without your dedication to SSAIC, our programs would not be a success. A special thank-you to our practicum student, Jada Reimer, for giving us four months of inspiring energy and amazing work.

Our partnerships with both Saskatoon school divisions are always valued and appreciated. A special note of gratitude this year goes to the Ukrainian Canadian Professional and Business Association for their generosity and partnership. Thank-you to our amazing community of media outlets; your air time, interviews, press releases, and interest in our cause is invaluable to us. And to all of our funders and donors: you make everything in this report possible. Thank-you, thank-you, thank-you.

Staff

Sarah Pedersen
Counsellor

Joelle Remezoff
Counsellor

Katherine Jones
Office Manager

Trudy Lukowski
Office Manager

Jen Lake
Education Assistant

Ashley Voinorosky
Education Assistant

Megan Sawyer
Client Services Coordinator

Morgan Price
Education & Outreach Coordinator

Reagan Conway
Executive Director

Ashton Thomas
Counsellor

Darcey Noga
Counsellor

Faye Davis
Outgoing Executive Director

Jada Reimer
Practicum Student

Board of Directors

Lana Geib
General Member

Renee Breckner
Chair of Nominations Committee

Linh Lê
Co-Chair of Board & Governance Committee

Shirley Kloeble
Co-Chair of Board & Governance Committee

Amanda Tittemore
Chair of Fundraising Committee

Alicia Madden
General Member

Lise Milne
General Member

Blair Weimer
Chair of Finance Committee & Human Resources Committee

Tamara Paulsen
Chair of Indigenous Engagement Committee

Sheri Watkins
General Member

Marcie Dupuis
General Member

Bonnie Leask
General Member

Darcie Young
General Member

Volunteers

Alex Brown
Alysha Hudson
Ashley Kasko
Brittany Scheelhaase
Brooke Anderson
Brynn Colby
Heather Seidle
Hibah Zia
Khinyamohn (Kim) Aung
Jaemynn Hoey
Marissa Giesbrecht
Megan Alton
Rheena Olave
Vanessa Smith

SSAIC

Saskatoon Sexual Assault & Information Centre

Mission

SSAIC exists to be the primary provider of community leadership in addressing sexualized violence. We provide counselling and survivor services to survivors of sexualized violence and education and prevention services to the Saskatoon community.

Vision

SSAIC aspires to be part of a community in which individuals impacted by sexualized violence are believed and offered services to assist their healing, perpetrators of sexualized violence are held accountable for their actions, and future victims are protected. Together, we can mobilize to share responsibility for addressing sexualized violence to ensure that coordinated and evidence-based services related to sexualized violence are fully resourced.

Questions & Information

306-244-2294

info@ssaic.ca

www.ssaic.ca

United Way of Saskatoon & Area

Community Initiatives Fund

City of Saskatoon

Greater Saskatoon Catholic Schools

Saskatoon Public Schools Inspiring Learning

Government of Saskatchewan Ministry of Justice